



SCOTTISH JUNIOR F.A.

Anti-Doping Policy

All players have the right to take part in football knowing that they, their team mates, and their competitors, are clean.

The use of performance-enhancing drugs and doping activity severely damages the legacy of the game.

Anti-doping is integral to clean sport and it's important that players are clued up on the anti-doping rules.

Players are personally responsible for any banned substances detected during doping control tests.

Players must make sure that they are aware of the principle of strict liability. This means that players are personally responsible for any banned substance found in their system, regardless of how it got there and whether or not they had an intention to cheat.

One of the biggest misconceptions is that only performance-enhancing drugs are on the prohibited list. In fact, banned substances can be found in anything from vitamin supplements and sports drinks to over-the-counter medication.

Players should regularly check the prohibited list on the World Anti-Doping Agency (WADA) website www.wada-ama.org and check all medications on www.globaldro.co.uk

What are the anti-doping rules?

The World Anti-Doping Code outlines eight Anti-Doping Rule Violations (ADRVs) which govern clean sport.

Players - and support staff - may receive a ban from sport if any of the following ADRVs are committed:

- Returning a positive test
- Using, or attempting to use, a banned substance or method
- Refusal or failure to provide a sample when requested
- Tampering, or attempting to tamper, with any part of the testing process
- Possession of a banned substance or method
- Trafficking, or attempted trafficking, of any banned substance or method
- Administering, or attempted administering, of a banned substance or method to an athlete; or encouragement, aiding and/or covering up of any involvement in an ADRV
- Receiving any combination of three filing failures and/or missed tests in a time period of 18 months (for athletes who are part of the National Registered Testing Pool.)

The Scottish Junior FA believes in the principles of natural fairness and fair play in all aspects of Junior Football.

The anti-doping rules of the Scottish Junior FA are the rules of ***UK Anti-Doping***, the national body responsible for protecting clean sport in the UK. They ensure that sports bodies in the UK comply with the World Anti-Doping Code.