

YOUNG PLAYERS WELLBEING IN SCOTTISH JUNIOR FOOTBALL

Revised & Updated September 2022



The Scottish Junior FA (SJFA) is fully committed to safeguarding the welfare of all players in its care.

The SJFA recognises its responsibility to promote safe practice and to protect players from harm, abuse and exploitation.

The SJFA intends to create a safe environment for all its players participating in sport. To help achieve this, the SJFA will have in place the appropriate people, policies, procedures and practices to ensure the safety and wellbeing of players in and through sport. The protection of young players is the responsibility of everyone within the SJFA, regardless of their role. With this in mind, the following points are highlighted:

- The welfare of the player is paramount.
- All young players, whatever their age, culture, disability, gender, language, racial
 origin, religious beliefs and / or sexual identity have the right to protection form abuse.
- All suspicions and allegations of abuse will be taken seriously and responded to swiftly and appropriately.
- All members of the SJFA have a responsibility to report concerns to the Association's Safeguarding Officer.

Effective implementation of the Young Players' Protection Policies put into place by the SJFA will:

- Promote a consistent approach to all young player protection matters.
- Help maximise young players' safety.
- Reassure SJFA members by increasing their confidence in engaging in activities with young players.

Any queries or concerns regarding Young Player Protection issues should be directed to the Safeguarding Officer in the first instance: Terry McGarry mob.: 07718289945 email: safeguardingSJFA@Scottish-football.com or killieboys@aol.com

Scottish Junior Football Association Management Committee



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1. INTRODUCTION

1.1 Overarching Aim for Young Person's Wellbeing and Protection in Scottish Football

Vision

Young people flourish because we put their safety, wellbeing, rights and enjoyment at the heart of every level of Scottish football.

Mission

Young people are the priority. We lead with confidence taking responsibility to create a culture of safety and wellbeing. We empower young people through active promotion of their rights.

1.2 Definitions

Definition of the Young Person's Wellbeing and Protection Policy

Scottish Junior Football Association's Young Person's Wellbeing and Protection Policy includes:



- Introduction Overarching Aim, Definitions, Young People's Wellbeing in Scotland, Risks to Young People's Wellbeing in Scottish Football, Everyone's Responsibility and Review
- Policy Statement
- Set the Standards Behaviours, Expectations and Requirements
- Procedures Appointment and Selection, Responding to Concerns and Case Review
- All associated Practice Notes

Herein all the documents listed above will be referred to as the 'Young Person's Wellbeing and Protection Policy' or 'this policy'.

Definition of Child

Article 1 of the United Nations Convention on the Rights of the Child states that everyone under 18 has the rights set out in the Convention. Within the Children and Young People (Scotland) Act 2014, a child is defined as anyone who has not reached the age of 18.1

For the purpose of this policy "children", "child", "young person" and "young people" refer to persons under the age of 18.

The Young Person's Wellbeing and Protection Policy applies to all young people regardless of age, gender, sexual orientation, disability, race, religion, nationality, socio-economic status or family circumstance.

Definition of Adult

For the purpose of this policy an "adult" is any individual aged 18 and over or any individual under the age of 18 years old but who is in a 'position of trust'.

Definition of Child Abuse

Child abuse is the act or omission that harms a child or young person.

An individual may abuse a child or young person directly, or may indirectly be responsible for abuse because they fail to prevent another person from harming that child or young person, or their inaction leads to harm or risk of harm. Abuse can be physical, emotional, sexual or by neglect. Abuse can take place in person or online. Although typically thought of as when an adult

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¹ Children and Young People (Scotland) Act 2014 section 97(1)



is mistreating a child or young person, children and young people can also be perpetrators of abuse against other children or young people.

Definition of Safeguarding

Safeguarding is taking action to ensure that *all* young people are safe from harm when involved in football. It means proactively doing everything possible to minimise risk and prevent abuse of young people.

Definition of Child Protection

Child protection refers to the actions in response to a *specific* concern for a child or young person who is at risk or suffering from abuse. Child protection is an essential part of safeguarding if there is a concern that a child or young person is being abused or their safety is compromised.

1.3 Young People's Wellbeing in Scotland

Getting It Right for Every Child

The Scottish Government's Getting It Right for Every Child (GIRFEC) is based on children's rights, and its principles reflect the United Nations Convention on the Rights of the Child (UNCRC). The GIRFEC approach is child focused, based on an understanding of the wellbeing of a child or young person in their current situation, and based on tackling needs early in a collective way. As part of the Children and Young People (Scotland) Act 2014, the concept of wellbeing and the GIRFEC approach is now enshrined in law in Scotland.

The GIRFEC approach supports children and young people so that they can grow up feeling loved, safe and respected, and can realise *their* full potential. Children and young people should be: Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included. These are the eight wellbeing factors and are commonly known as SHANARRI Indicators.





A child or young person's wellbeing is influenced, both positively and negatively, by everything around them and the different experiences and needs they have at different times in their lives. There is no set level of wellbeing that a child or young person should achieve, but each child should be helped to reach *their* full potential as an individual. The wellbeing indicators make it easier for everyone to be consistent in how they consider the quality of a child or young person's life at a particular point in time.

By having a universal language and understanding for everyone who works with young people, collectively we can contribute to promoting, supporting and safeguarding a child's wellbeing whether they are in an educational, health, community or sporting setting. It is essential that in Scottish football the wellbeing indicators are understood and if worried that something is impacting a child or young person's wellbeing staff and volunteers know how to respond and with whom to share that information.

Wellbeing Concern

A wellbeing concern is if a young person's wellbeing (measured using the 8 SHANARRI indicators) is, or is at risk of being, adversely affected.



A range of experiences can have a negative impact on young people. These can range from harmful or abusive behaviour to a family bereavement or social economic factors, such as poverty. The nature of a wellbeing concern will influence how to support the young person.

Behaviour which is abusive or neglectful and is, or is likely to cause harm, will often be referred to as a 'child protection concern'. Regardless of whether a concern is a wellbeing or child protection concern, it must be responded to in line with the Responding to Concerns Procedure.

1.4 Risks to Young People's Wellbeing in Scottish Football

The protection and wellbeing of all young people involved in Scottish football must be a priority for everyone working, volunteering or participating in the game, including spectators. For young people involved in football there may be risks associated with their involvement whether it be injury, the despair of their team losing, or exposure to poor practice or abusive behaviour. It is essential that those working or volunteering with young people are alert to the associated risks and take steps to prevent, minimise or respond to the risks.

In addition to recognising risks to all young people, it is important to understand that some young people may be more vulnerable to particular risks associated with taking part in football.

Increased vulnerability

Scottish Junior Football Association is committed to ensuring the safety of all young people in football across all levels of the game. Young people who have additional care needs or who come from a minority ethnic group may face a range of additional challenges. Staff and volunteers will be encouraged and supported to challenge, and address any behaviour or attitudes which compromise a young person's wellbeing, or acts as a deterrent to the participation of some young people.

Young People who are deaf and disabled

In line with Article 23 of the United Nations Convention on the Rights of the Child (UNCRC), a child with a disability "should enjoy a full and decent life, in conditions which ensure dignity, promote self-reliance and facilitate the child's active participation in the community".

Young people who have a disability have the same needs as other young people, but may also have additional needs associated with their disability. For example, additional steps may be needed to promote their wellbeing or they may be at an increased risk of abuse due to their



vulnerability. Research has shown that young people with a mental or physical disability are *more likely* to be abused than non-disabled young people.²

Young people who are deaf, disabled or have a learning disability can be additionally vulnerable because they may:

- Depend on a number of people for care and handling, some of which can be intimate care
- Depend on the abuser for their involvement in sport
- Fear disclosing abuse
- The signs of abuse can be misinterpreted as a symptom of the disability
- Have a reduced capacity to resist either verbally or physically
- Have significant communication differences this may include very limited verbal communication, the use of sign language or other forms of non-verbal communication
- Lack a wide network of friends who support and protect them
- Lack access to peers to discover what is acceptable behaviour or to understand the inappropriateness of actions
- Not be believed due to negative attitudes towards young people with disabilities or possible failure to recognise the impact of abuse on young people with disabilities

Young people from black, asian and minority ethnic communities

The UNCRC sets out the general principle of non-discrimination and that young people should be protected from all forms of discrimination. It also states that young people have the right to learn and use the language, customs and religion of their family, whether or not these are shared by the majority of people in the country where they live³. Unfortunately within wider society and football, discriminatory behaviour still exists therefore young people from black, asian and minority ethnic communities are additionally vulnerable because they may:

- Experience racism and racist attitudes
- Experience people in authority ignoring or not responding to racist abuse or comments
- Experience no action being taken by others for fear of upsetting cultural norms
- Be afraid of further abuse if they challenge others
- Want to fit in and not make a fuss
- Be using or learning English as a second language

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² Source: Jones, L et al Prevalence and risk of violence against children with disabilities: a systematic review and metaanalysis of observational studies (NSPCC) (2012)

³ Article 30 of the United Nations Convention on the Rights of the Child



Young people in elite football

For many young people it is their dream to play football professionally. When they have the talent, skill and dedication to realise this dream they will pursue it. Unfortunately this can lead to a number of increased risks for young people involved in football at an elite level. For example, rivalry among their peers, inappropriate or detrimental relationships with their peers, pressure from their family, friends and the wider public, or, in some cases, exploitation by a trusted adult who can, or who they perceive can, help them 'achieve' this dream.

Research by Celia H. Brackenridge in 2010⁴ highlighted the following about the risk to young people at an elite level:

- The greatest risk of emotional and sexual abuse occurs among the highest ranked athletes
- Poor practice, emotional abuse and bullying are probably more prevalent in sport than sexual abuse
- Athletes perpetrate more sexual harassment on their peers than coaches
- Athlete-athlete bullying is widespread
- Coach perpetrators are often very highly qualified and very highly respected which acts as a mask for their poor practice and abuse

1.5 Everyone's Responsibility

The responsibility to safeguard, promote, support and protect a young person's wellbeing does not rest on one person. **We are** *all* **responsible**.

Football can contribute in many different ways to a young person's positive wellbeing including health benefits of being active, the achievements they can make in gaining new skills and their experiences of being included and respected as part of a team. Supporting and promoting a young person's wellbeing at all times includes forming positive relationships, understanding their circumstances and responding appropriately to any concerns about their wellbeing. To ensure we can respond when a young person needs help or support, we must firstly understand their rights and the meaning of wellbeing. Secondly, we must recognise and acknowledge the risks that exist for young people in football and put in place a range of safeguards that minimise these risks.

⁴ Brackenridge, C.H (2010) 'Myths and evidence – learning from our journey', keynote address to the conference 'How Safe is Your Sport' held at the Excel Sports Centre, Coventry on 25 Feb, hosted by the Coventry Sports Foundation and the NSPCC Child Protection in Sport Unit.



Leadership is essential to ensure that these safeguards are managed and promoted, and this will be done by staff and volunteers within particular roles at Scottish Junior Football Association who receive specific training for their level of responsibility. However, *everyone* must understand the risks associated for young people, and the appropriate processes which are in place should a young person's wellbeing be at risk or they are in need for protection.

Everyone has the responsibility to recognise the concern, to ensure the young person is safe if they are at risk of *immediate* harm, and to report the concern to the Safeguarding Officer. Thereafter the Safeguarding Officer will respond appropriately in line with the <u>Responding to Concerns Procedure</u>.

The Young Person's Wellbeing and Protection Policy combined with relevant training, mentoring and support will give us the confidence and support needed to fulfil our role and responsibility to keep young people safe in football. In addition to this, advice can be sought at any point from the Safeguarding Officer.

No matter your role or involvement in Scottish football, *you* have a responsibility to safeguard, promote, support and protect the wellbeing of all young people involved in Scottish football.

If you have *any* concerns about the wellbeing of a young person or about the conduct of any adult then you *must* report the matter to the Safeguarding Officer, Terry McGarry, by contacting them on 07718289945 or at safeguardingSJFA@scottish-football.com or killieboys@aol.com.

Full information on how to record and report a concern can be found in the <u>Responding</u> to Concerns Procedure.

1.6 Review

The Young Person's Wellbeing and Protection Policy will be regularly reviewed and will include young people's participation and feedback on the content and actual experience of implementation as part of the review.

This policy will be reviewed:

• In accordance with changes in legislation and guidance on young people's wellbeing, protection or rights



- Following the review of an issue or concern raised about the wellbeing or protection of young people within Scottish Junior Football Association, when the case review suggests that this policy should be reviewed
- In all other circumstances, at least every three years.

POLICY STATEMENT

Scottish Junior Football Association is committed to ensuring that every young person who takes part in football, in any capacity, is able to participate in an enjoyable and safe environment, which promotes inclusion and protects them from harm, poor practice, exploitation, bullying or abuse. Scottish Junior Football Association values a rights-based approach within our sport, and our Young Person's Wellbeing and Protection Policy is based on the fundamental rights of young people as set out in the United Nations Convention on the Rights of the Child (UNCRC).

The Young Person's Wellbeing and Protection Policy is based on the following principles:

- 1. We will act in the best interests of young people
- 2. The protection and wellbeing of all young people in our care is everyone's responsibility
- 3. A young person's rights, wishes and feelings should be respected and promoted. For example:
 - A young person, whatever their age, culture, disability, gender, language, racial origin, socioeconomic status, religious belief and/or sexual identity has the right to protection from all forms of harm, abuse and exploitation
 - We see the young person before the player, coach, volunteer, spectator or referee
 - Young people have the right to express views on matters that affect them, should they wish to do so, and to have those views taken into account
 - Young people have the right to relax, play, and join in a wide range of sporting activities
- 4. The best way to promote the wellbeing, health and development of a young person is to work in partnership with each other, the young person, their parents/carers and other relevant organisations

All staff and volunteers, when working or volunteering with young people involved in Scottish Junior Football Association activities, will be:

INCLUSIVE

Football is for everyone, irrespective of background. We celebrate what makes us unique and embrace our differences. We create a culture where rights are respected and everyone is treated fairly, with dignity and respect



APPROACHABLE

We are visible, accessible, open and caring. We build respectful and supportive relationships, listening to young people's voices, and championing their views in everything we do

EMPOWERING

We are forward facing and strive to be the best for young people. We are brave, challenging ourselves and others to continually strive for the best outcomes for young people. We encourage and support young people to express their views.

ACCOUNTABLE

We accept responsibility and take ownership of the wellbeing and protection of young people in our game. Our collective leadership calls upon integrity, consistency and confidence in our everyday behaviours.



PART 3 - SET THE STANDARDS - BEHAVIOURS, EXPECTATIONS AND REQUIREMENTS

Every member of staff and volunteer at Scottish Junior Football Association will be asked to sign up to the following standards outlining the behaviours, expectations and requirements of staff and volunteers working or volunteering with young people.

Creating an environment where young people are respected, their rights are promoted, and they are supported to have fun, learn, and develop in a safe environment is essential to inspire them to love the game.

To achieve this goal Scottish Junior Football Association expects all its staff and volunteers to embody the Wellbeing and Protection Values – Inclusive, Empowering, Approachable and Accountable - to create a positive football environment, and by displaying exemplary behaviour and implementing practices that make football a safe, fun, and positive experience for all young people involved.

On and off the pitch, I will:

- Make football a fun and enjoyable experience where everyone is involved
- Always show respect to everyone involved in the game
- Encourage young people to be respectful to everyone involved in the game
- Appreciate the importance of everyone involved in the game
- Be proud of being part of the same 'team' and encourage others to be proud of their achievements

- Be a positive role model by:
 - leading with enthusiasm and encouragement
 - never engaging in, or tolerating, offensive, insulting or abusive behaviour whether in person or online
 - being gracious in victory and defeat
 - challenging and reporting behaviour that does not meet the standards expected

When working with young people, I will:

- Treat all young people equally with respect, dignity, honesty, sensitivity and fairness
- Promote the best interests of the young person and put their wellbeing before winning or achieving performance goals
- Never have favourites but praise young people that demonstrate commitment, positive attitude and good behaviour
- Consult with young people allowing them the chance to be heard by having a 'door open' approach



- Promote and protect the rights of all young people and ensure that young people are aware of their rights
- Allow young people the right of being involved in decisions affecting them
- Always listen to and act upon any concerns raised by a young person

Sign up:

I confirm that I have read and agree to abide by Scottish Junior Football Association's Young Person's Wellbeing and Protection Policy including the Policy Statement, Procedures and all associated Practice Notes.

I agree to abide and demonstrate the Wellbeing and Protection Values.

I understand that a breach of the Young Person's Wellbeing and Protection Policy will be taken seriously and will be responded to in line with the Responding to Concerns Procedure and, where applicable, Scottish Junior Football Association's Disciplinary Procedure.

Name:	
Date:	
Witnessed by:	



PART 4 - PROCEDURES

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APPOINTMENT AND SELECTION PROCEDURE

Scottish Junior Football Association will take all reasonable steps to ensure that its staff and volunteers working with young people in football have been recruited appropriately and that the individuals work in a way that reflect the Wellbeing and Protection Values – Inclusive, Approachable, Empowering and Accountable.

As part of this process, we aim to select the best possible candidate for the role. For those working in a role which is regulated work with young people, Scottish Junior Football Association will fulfil its legal duty under the Protection of Vulnerable Groups (Scotland) Act 2007 to ensure that individuals who are barred from regulated work with young people are not engaged (either paid or unpaid) in regulated work with young people within Scottish Junior Football Association.

The following procedure will be completed for all staff and volunteers who will be working in a role which requires them to be in contact with young people.

1. Pre-application Information

Individuals who are applying for a position with Scottish Junior Football Association will be provided with pre-application information for the positions available to applicants and will include:

- A role description outlining the roles and responsibilities of the position
- A person specification, stating qualifications or experience of working with young people required
- An application form

2. Application Form

Applicants will be requested to complete an application form. The purpose of the application form is to obtain relevant details for the position and referee contact details.

3. Review Applications and Interview



Scottish Junior Football Association will review application forms and consider applicants for interview. Successful applicants will be invited to interview. Interviews will then be carried out.

4. Offer of Position

Once a decision has been made to offer appointment, the applicant will be notified either in writing or verbally. The applicant will be given details of the position, any special requirements and any obligations e.g. agreement to the Young Person's Wellbeing and Protection Policy, the probationary period and responsibilities of the role.

The applicant will be sent a Basic Disclosure form to complete and return, unless the role involves regulated work with Scottish Junior Football Association in which case they will require to be a member of the PVG Scheme.

Regulated work with Young People

If the role involves regulated work with young people a PVG Scheme Membership form and self-declaration form will be sent out for the successful applicant to complete and return for processing. It is recommended that the offer is formally accepted and agreed to in writing e.g. by the individual signing and dating their agreement on the offer letter and returning it to Scottish Junior Football Association.

The applicant's appointment will only be confirmed when:

- Two references have been received, checked and accepted;
- Self-declaration form has been returned and approved; and
- PVG Scheme Record/Scheme Record Update has been received and accepted.

5. References

References will be sought for all staff and volunteers who by virtue of their role will be working with young people within Scottish Junior Football Association.



Two references will always be requested and thoroughly checked. Where possible at least one of these references will be from an employer or a voluntary organisation where the position required working with young people. References from relatives will not be accepted. If the applicant has no experience of working with young people, specific training requirements may be agreed before their appointment commences.

6. Membership of the PVG Scheme

Scottish Junior Football Association must be registered with Disclosure Scotland or Volunteer Scotland Disclosure Services. All staff and/or volunteers carrying out regulated work with young people within Scottish Junior Football Association must be a member of the PVG Scheme for regulated work with young people.

Suitability for position

Should Scottish Junior Football Association receive any information via the self-declaration form and/or PVG scheme record that needs risk assessed, this will be carried out by Scottish Junior Football Association Safeguarding Panel.

The Safeguarding Panel will consist of at least three members, including the Safeguarding Officer, Chief Operating Officer, President, and Vice President. This risk assessment considers any criminal convictions or other information that would be considered relevant to the role. The decision is either unanimous or by majority. The outcome of the decision with the Safeguarding Panel then contributes to the final decision of the applicant's appointment as mentioned at point 4 above.

Overseas Applicants

Applicants from overseas being appointed to regulated work with young people within Scottish Junior Football Association are required to join the PVG Scheme. If the applicant is applying for a position of employment they must prove their 'right to work' in the UK and be asked to provide a police check from their relevant country where possible. For further information see www.gov.uk/government/publications/criminal-records-checks-for-overseas-applicants.



Where this is not possible, or in addition to the police check, the following information, where relevant to the position, will be requested:

- A statement from the governing body in the country of origin of the applicant and/or the country from which they are transferring in regard to their participation and suitability for the position.
- A statement from the international federation of the sport in regard to their participation and suitability for the position.

7. Induction and Training

Staff and volunteers will receive an induction. This process should include clarification of the expectation, roles and responsibilities of the position and identify any training needs.

Newly appointed staff and volunteers should complete recommended training over an agreed period. This training will include an introduction to the Young Person's Wellbeing and Protection Policy. Further training, where the role works directly with young people, is then provided.

8. Probation

Newly appointed members of staff will complete an agreed period of probation.

9. Review of ongoing suitability

All members of staff and volunteers will have a performance review on a regular basis. Performances reviews should include an evaluation of progress and identification of training needs.

All individuals in regulated work for Scottish Junior Football Association will require to complete a self-declaration form on an annual basis and apply for a Scheme Record Update every three years. This ensures we are continually risk assessing members of staff and volunteers to keep young people safe.



10. New vetting information

If new vetting information becomes available through a self-declaration form or PVG scheme record updates, this is will be considered through a risk assessment by Scottish Junior Football Association Safeguarding Panel. Should any risk be identified, it will then be necessary to follow the Responding to Concerns Procedure.

11. Consideration for Children's List or Barred Individuals

If Disclosure Scotland notify Scottish Junior Football Association that a member of staff or volunteer is being considered for listing, that individual will be suspended as a precaution, or not contracted in regulated work with Scottish Junior Football Association, until the outcome of the case is determined. Suspension is not a form of disciplinary action and does not involve pre-judgment. In all cases of suspension, the best interests of the young person will be the primary consideration.

If Disclosure Scotland inform Scottish Junior Football Association that an individual is barred, that member of staff or volunteer will be removed from regulated work with young people immediately in line with the Protection of Vulnerable Groups (Scotland) Act 2007 section 5 duties for organisations.



RESPONDING TO CONCERNS PROCEDURE



In all cases where there are concerns about a young person and/or the conduct of an adult which affects, or may affect, a young person, the best interests and wellbeing of the young person will be the paramount consideration.

The purpose of this Procedure is to safeguard and protect young people involved in Scottish football and to respond appropriately to any concerns ensuring they are dealt with in a timely, appropriate and proportionate manner. Following set of published procedures when dealing with concerns helps:

- To avoid those receiving information from engaging in subjective judgments
- Reassure those who report concerns that an appropriate course of action will ensue
- Support those charged with managing concerns by providing them with a step-by-step process to follow
- Safeguard the rights of those against whom complaints or allegations have been made

No staff or volunteer in receipt of information that causes concern about a young person or the conduct of an adult shall keep that information to themselves, or attempt to deal with the matter on their own. Instead in all cases the following procedure <u>must</u> be followed regardless of whether the concerns arise through the adult or young person's involvement in football or from outside of football.

REMEMBER:

If you are concerned about the *immediate* safety of the young person:

- 1. Take whatever action is required to ensure the young person's immediate safety.
- 2. Pass the information immediately to the police and seek their advice.
- 3. Report the concern to the Safeguarding Officer, advising that the matter has been reported to the police



At any time if you have a concern about the wellbeing of a young person, or think you may have a concern, you can contact the Scottish Junior Football Association Safeguarding Officer for advice and support on 07718289945 or at safeguardingSJFA@scottish-football.com or killieboys@aol.com.

1. EVERYONE'S RESPONSIBILITY

A concern may range from mild verbal bullying to physical or sexual abuse and occur either through football or outside of it, for example in the young person's home. All concerns will be investigated by the Safeguarding Officer. If a member of staff or volunteer has a concern it is **NOT** their responsibility to investigate **BUT** it is their responsibility to:

- Reassure the person making the report that they have done the right thing in raising the concern with them
- · Listen openly without judgement
- · Record anything that is said
- Report the concern to Scottish Junior Football Association Safeguarding Officer
- If there is a concern about the immediate safety of the young person, take the necessary steps to ensure their safety and contact the police

Everyone has a responsibility to **recognise** a concern, to **record** the concern either on the <u>Concern Recording Form</u> or in email format, and **report** the concern to the Safeguarding Officer.

2. RECOGNISE

Staff and volunteers may become aware of a concern in different ways. For example:

- Direct disclosure by the young person.
- Observation of the concern, such as a change in the behaviour, appearance or nature of the young person or the conduct of an adult.
- Information that is shared from another individual or organisation e.g. an incident observed by another young person or adult and reported to them



All concerns must be reported to the Safeguarding Officer on the day the concern arises or as soon as practically possible thereafter.

What to do if a young person discloses abuse

DO:

- Stay calm ensure that the young person is safe and feels safe
- Listen to the young person and take what they say seriously. Do not show disbelief.
 Show and tell them that you are taking what they say seriously
- Reassure the young person that they are not to blame and were right to tell someone
- Be aware of interpreting what a young person says, especially if they have learning or physical disabilities which affects their ability to communicate or English is not their first language

- Avoid projecting your own reactions onto the young person
- Avoid asking any questions. If necessary only ask enough questions to gain basic information to establish the *possibility* that abuse may have occurred. Only use open-ended, non-leading questions e.g. What? When? Where? Who?
- Do not assume that the experience was bad or painful - it may have been neutral or even pleasurable e.g. the young person may think that they are in a consenting relationship with the adult
- Do not introduce personal information from either your own experiences or those of other young people

DON'T:

- Panic
- Show shock or distaste
- Probe for more information than is offered
- Speculate or make assumptions
- Rush into actions that may be inappropriate
- Make negative comments about the person against whom the allegation has been made
- Approach the individual against whom the allegation has been made
- Make promises or agree to keep secrets and give a guarantee of confidentiality



3. RECORD

Record keeping is of critical importance and all information should be recorded in line with the following:

DO:	DON'T:	
Make a written record of the information	• Give your personal opinion, unless it is	
as soon as possible	backed up by substantial evidence	
Make the record factual, accurate and	 Use judgemental language 	
legible	• Write the record in a way that protects the	
If the concern arises from a disclosure	reputation of the Association or the	
from a young person, record using the	individual who the concern relates to -	
young person's exact words, where	remain unbiased	
possible		
Include dates, times, locations and		
contexts, if available, in which the concern		
occurred together with any other relevant		
information		

Where the young person has made a direct disclosure, and when appropriate, it is important that the young person understands why we are recording their details. If a young person recognises that people can help and support, and that this is the purpose of their details being shared, they will be more included and informed of the processes.

4. REPORT

The Safeguarding Officer can be contacted in a number of ways:

- By telephone on 07718289945
- By email at safeguardingSJFA@scottish-football.com or killieboys@aol.com



How to report the concern:

- Report the concern as soon as possible. It is recommended that initial contact is made with the Safeguarding Officer by telephone.
- Email the completed <u>Concern Recording Form</u> to <u>safeguardingSJFA@scottish-football.com</u> or killieboys@aol.com, if you are able to do this via secure email.

Do not delay in reporting the concern

- By attempting to obtain information to complete all sections of the Concern Recording
 Form
- By waiting until you return to the office to complete the Concern Recording Form, if you
 are working remotely,
- If you have been unable to contact the Safeguarding Officer by telephone

If you are unable to access a Concern Recording Form, please contact the Safeguarding Officer by telephone or email the information to the above address, if you are able to do so securely, in order to report the concern.

If you are unsure whether the information you have should be a cause for concern advice and support can be sought at any time from Scottish Junior Football Association Safeguarding Officer by contacting them for advice and support.

This can be done in a confidential manner anonymising the details of the parties involved.

If the Safeguarding Officer is not available and an immediate response is required the police and social work services <u>must</u> be contacted. They have a statutory responsibility for the protection of young people and they may already hold other information about the young person. If the information is shared with the police or other agencies record what information as shared and any advice given and actions taken. At the earliest opportunity thereafter the Safeguarding Officer should be informed.



Confidentiality

To maintain confidentiality do not keep any electronic, printed or written versions of the information you have provided. The Concern Recording Form should be deleted or destroyed (by means of shredding) as soon as the information has been passed on. The Safeguarding Officer will maintain a copy of the information in a secure and confidential manner.

Support

Scottish Junior Football Association recognises that voicing concerns, suspicions or allegations of poor practice, misconduct or abuse can cause great concern and stress – particularly if it relates to a colleague, volunteer or young person/parent who is known to you. However, sharing information about the wellbeing of a young person is paramount in order to prevent the young person from suffering harm or further harm. Any member of staff or volunteer whom, in good faith, discloses information related to a concern will receive full support from Scottish Junior Football Association.

Concern about the conduct of the Safeguarding Officer

Where the concern is about the Safeguarding Officer it must be reported to the Chief Operating Officer directly. In this situation, the Chief Operating Officer will take on the role and responsibilities as listed below of the Safeguarding Officer.

5. RESPOND

The following sets out the steps which will be taken by the Safeguarding Officer after the concern has been reported.

A. The process on receipt of a concern

Once the concern has been reported the Safeguarding Officer will:

 Establish the basic facts and conduct an initial assessment of the facts in order to determine the appropriate course of action. The appropriate course of action may differ



depending on whether the concern is about the wellbeing of a young person or about the conduct of an adult.

- Decide who should be informed of the concern, this may include the young person, their parent/carer, or external agencies.
- Consult external agencies such as the police and social work services for advice at any time, if required. This is important because they may hold other important information which, when considered alongside the current concern, builds a significant picture of concern.

All subsequent actions taken by the Safeguarding Officer shall be recorded, in the order in which they happen, and the records should be signed and dated.

B. Conducting the Initial Assessment

The purpose of the initial assessment is to clarify the nature and context of the concerns. Every situation is unique so guidance cannot be prescriptive.

Where the concern relates to the conduct of an adult, pending the outcome of any investigation, precautionary suspension will be considered in all cases where there is significant concern about the conduct of a member of staff and volunteers towards young people. For further information on precautionary suspension see section 6 of this Procedure.

In all cases, the initial assessment may involve:

- Speaking to the member of staff or volunteer who raised the concern; and/or
- Speaking to other members of staff or volunteers who may have information related to the concern; and/or
- Speaking to the member of staff or volunteers whose conduct has been reported this
 will be subject to the nature and seriousness of the situation and should not be done if
 the concern suggests that the conduct may be criminal behaviour; and/or
- If the concern involves a named young person it may be appropriate to speak to the young
 person. This should <u>never</u> been done in cases where there is a suggestion of criminal
 conduct without first seeking the advice of the police. If it is appropriate to speak to the
 young person all questions should be basic, open-ended, non-leading and asked solely



with a view to clarifying the basic facts. When speaking to a young person another adult should always be present. It is recommended that this other adult is known to the young person and the meeting is pre-arranged so the young person will be aware that you are going to speak to them about a concern; and/or

 Speaking to other young people and/or other individuals to establish the basic facts. As above, all questions should be basic, open-ended, non-leading and asked solely with a view to clarifying the basic facts.

Best practice advice

Questioning of young people by those conducting an initial assessment should always be avoided as far as possible. If it is necessary to speak to the young person in order to clarify the basic facts, best practice suggests that consent from the parent/carer be obtained unless obtaining that consent may place the young person at risk.

Views of the Young Person

Young people have the right to say what they think in all matters affecting them and to have their views taken seriously (Article 12, UNCRC). This must be at the forefront of any concerns that are raised. The nature of the concern will impact on the decision as to whether it is appropriate to discuss the concern directly with the young person. The views of the young person must be considered based on the age and maturity.

An initial assessment of basic facts may require the need to ask a young person some basic, open-ended, non-leading questions solely for with a view to clarifying the basic facts. It may also be necessary to ask similar basic questions of other young people, or other appropriate individuals who may have information.

It will not always be appropriate to speak directly with the young person about the concern. Advice should be sought from the Safeguarding Officer if there is any uncertainty about the appropriate course of action.



If the information indicates that a criminal offence has been committed against the young person it would not be appropriate to ask the young person questions about the incident or speak to them directly about the incident(s), unless it is a disclosure directly from the young person. Interviewing young people about possible abuse or criminal offences is the sole remit of specially trained police officers and social workers.

Where the concern about a young person's wellbeing suggests they are in need of protection, the information must be passed on with or without their consent for the purposes of their protection. Allegations of abuse must always be taken seriously. No member of Scottish Junior Football Association shall investigate allegations of abuse or decide whether or not a young person has been abused. False allegations are very rare. If a young person says or indicates they are being abused or information is obtained which gives concern that a young person is being abused, the information must be responded to on the same day in line with this procedure.

Fairness and natural justice

In the event of an investigation into the conduct of a member of staff or volunteers all actions will be informed by the principles of natural justice:

- They will be made aware of the nature of concern; and
- They will be given an opportunity to put forward their case; and
- Scottish Junior Football Association will act in good faith, ensuring the matter is dealt with impartially and as quickly as possible in the circumstances.

C. Concluding the Initial Assessment

Decisions reached on conclusion of the Initial Assessment may differ depending on whether the concern relates to the wellbeing of a young person or to the conduct of an adult. Sometimes, the concern may relate to both the wellbeing of a young person and the conduct of an adult in which case two sets of conclusions should be reached.

A concern about the wellbeing of a young person



At the end of the initial assessment one of the following conclusions should be reached:

- The facts do not substantiate the concern and therefore no further action will be taken
- The concern has been successfully addressed by the young person, their parent and/or staff or volunteers and therefore no further action is needed
- The concern has not been successfully addressed and further support is needed for the young person
- Information should be shared with statutory services, for example Police Scotland or the Social Work Department due to the gravity of the concern
- Information should be shared with the young person's Named Person for consideration

In all cases consideration should be given support as to what support, if any, is required for the young person and whether there is a need to share information with the Scottish FA in terms of a Data Sharing Agreement.

Sharing Concerns with Parents/Carers

Scottish Junior Football Association is committed to working in partnership with parents/carers whenever there are concerns about a young person. Parents/carers have the primary responsibility for the safety and wellbeing of their young people. Where concerns are raised about a young person this will be considered in line with the wellbeing indicators and *may* be discussed with parents/carers. For example, if a young person seems withdrawn, he/she may have experienced an upset in the family, such as a parental separation, divorce or bereavement. Common sense is advised in these situations and the best interests of the young person will be considered as to what is the best support them. Young people will be asked who they feel is suitable to be informed and when relevant, consent gained from the young person.

Where there are concerns that the parents/carers may be responsible for or have knowledge of the abuse, sharing concerns with the parents/carers may place the young person at further risk. In such cases advice must always firstly be sought from the police/social work services or Named Person as to who informs the parents/carers.



Sharing Information with Police and statutory agencies

Where the concern about a young person's wellbeing suggests that they are in need of protection or that a criminal offence has been committed against them the concern <u>must</u> be reported to the police and/or social work services. The police and local authority have a statutory duty of care for all young people.

A concern about the conduct of an adult

At the end of the initial assessment one of the following conclusions should be reached:

- 1. The facts do not substantiate the concern and therefore no further action will be taken
- 2. Information supports concern about inappropriate behaviour
- 3. Information supports concern about poor practice and/or misconduct
- 4. Information supports concern about possible criminal behaviour

Initial Assessment Supports concern about inappropriate behaviour

If the initial assessment supports a concern that the conduct of an adult amounts to inappropriate behaviour, the Safeguarding Officer will share the findings of the initial assessment with the relevant member of staff at Scottish Junior Football Association who will respond in line with Scottish Junior Football Association procedures.

The Safeguarding Officer will carry out any further investigation, as necessary and take appropriate action depending on the nature and seriousness of the conduct.

Initial Assessment supports concern about poor practice and/or misconduct

If the concern relates to the conduct of a member of staff or volunteer the Safeguarding Officer will share the findings of the initial assessment with the relevant member of staff in the Management Committee who will respond in line with Scottish Junior Football Association Disciplinary Procedures.

Initial Assessment supports concern about possible criminal behaviour



Where the initial assessment of information gives reasonable cause to suspect an adult's behaviour has been a criminal offence, the Safeguarding Officer will:

- report the concern to the police as soon as possible on the day the information is received, along with supporting information; and
- make a written record of the name of the police officer to whom the concerns were passed together with the crime reference number, time and date of the call, in case any follow up is required; and
- on request, provide the police with a copy of the <u>Concern Recording Form</u>; and
- following the advice of the police, inform the parents/carers of the young person involved as soon as possible unless the police advice is not to do this; and
- if appropriate, share the information with the young person's Named Person if there is any impact on a young person's wellbeing caused by an adult's possible criminal behaviour unless the police advise not to do this.

Advice will firstly be obtained from the police about informing the member of staff or volunteer involved in the concerns. If the advice is to inform them, they will be told that information has been received which may suggest an allegation of abuse or possible criminal offence. As the matter will be *sub judice* (i.e. under judicial consideration) no details will be given unless advised by the police. All actions will ensure the best evidence is preserved for any criminal proceedings while at the same time safeguarding the rights of the member of staff and volunteer.

Scottish Junior Football Association will take all reasonable steps to support a member of staff or volunteer whom a concern has been raised about, as well as others who may be involved as witnesses.

Possible outcomes include one or more of the following:

- Police investigation may involve a young person protection investigation jointly by police and social work services
- Criminal proceedings
- Civil proceedings (by the young person/family who raised the concern)
- Disciplinary Proceedings
- Referral to Disclosure Scotland, where the PVG criteria is met



Referral to Disclosure Scotland under Protection of Vulnerable Groups (Scotland) Act 2007

Depending on the nature of the concern and the action taken, there may be a requirement, in law, to notify Disclosure Scotland. The following will apply where the member of staff or volunteer is in regulated work with Scottish Junior Football Association and a member of the PVG scheme.

Referring to Disclosure Scotland

Scottish Junior Football Association will refer to Disclosure Scotland the case of any member of staff or volunteer who (whether or not in the course of their role with Scottish Junior Football Association) has:

- harmed a young person
- placed a young person at risk of harm
- engaged in inappropriate conduct involving pornography
- engaged in inappropriate conduct of a sexual nature involving a young person, or
- given inappropriate medical treatment to a young person.

AND as a result Scottish Junior Football Association has taken or would have taken one of the following options:

- 1. Scottish Junior Football Association has dismissed the member of staff or volunteer; or
- 2. The member of staff or volunteer would have been dismissed as a result of the incident had they not resigned, retired or been made redundant; or
- Scottish Junior Football Association has transferred the member of staff or volunteer to a
 position which is <u>not</u> regulated work with young people; or
- The member of staff or volunteer would have been dismissed or considered for dismissal where employment or volunteer role was not due to end at the expiry of a fixed term contract; or



The member of staff or volunteer would have been dismissed or considered for dismissal had the contract not expired.

Scottish Junior Football Association will also refer the case of a member of staff or volunteer where information becomes available after the member of staff or volunteer has:

- · been dismissed by Scottish Junior Football Association; or
- · resigned, retired or been made redundant; or
- been transferred to another position in Scottish Junior Football Association which is not regulated work with young people; and/or
- where Scottish Junior Football Association receives information that a member of staff or volunteer who holds a position of regulated work has been listed on the Children's List, the member of staff or volunteer will be removed from the regulated work with children post.

Information from Disclosure Scotland

If Disclosure Scotland notifies Scottish Junior Football Association that a member of staff or volunteer is being considered for listing that individual will be suspended as a precaution until the outcome of the case is determined. Precautionary suspension is not a form of disciplinary action and does not involve pre-judgment. In all cases of suspension the best interests and wellbeing of young people will be the paramount consideration.

If Disclosure Scotland informs Scottish Junior Football Association that an individual is barred, that member of staff or volunteer will be removed permanently from regulated work with young people immediately in line with the Protection of Vulnerable Groups (Scotland) Act 2007.

6. PRECAUTIONARY SUSPENSION

Suspension is not a form of disciplinary action. The member of staff involved may be suspended whilst an investigation is carried out. Suspension will be carried out in accordance with the Scottish Junior Football Association Disciplinary Procedures.



7. CRIMINAL PROCEEDINGS

An ongoing criminal investigation does not necessarily rule out disciplinary action by Scottish Junior Football Association or investigation by the Safeguarding Officer. However, any action taken must not jeopardise the criminal investigation. Advice must be taken from the police on this. Sufficient information should be available to enable Scottish Junior Football Association to make a decision whether to go ahead with disciplinary action/response under this concerns procedure.

In any event, once criminal proceedings have concluded Scottish Junior Football Association will consider the matter and the outcomes in line with this procedure.

8. FALSE OR MALICIOUS ALLEGATIONS

In exceptional circumstances where an investigation establishes an allegation or concern raised is false, unfounded or malicious:

- The member of staff and volunteers involved will receive an account of the circumstances and/or investigation and a letter confirming the conclusion of the matter. They may wish to seek legal advice; and
- All records pertaining to the circumstances and investigation shall be kept confidentially;
 and
- Scottish Junior Football Association will take all reasonable steps to support the individual in this situation; and
- In these circumstances Scottish Junior Football Association will review the participation or continued involvement in Scottish Junior Football Association activities of the individual who made the false or malicious allegation. If the false or malicious allegation has been made by a young person, it will only be appropriate to have a discussion with the young person to determine their views and opinions with parental/carer permission; and
- Data collected for the investigation will be destroyed in accordance with the requirements of the Data Protection Act 1998.

9. ALLEGATIONS OF NON-RECENT ABUSE

Scottish Junior Football Association recognises that sharing personal experience of abuse can be difficult, challenging and sensitive. Therefore allegations of abuse may be made



some time after the event e.g. an adult who was abused as a young person by someone who is still currently working with young people. These procedures will be followed in the event of an allegation of non-recent abuse, including Scottish Junior Football Association responsibility to refer to Disclosure Scotland.

10. MEDIA

All media enquiries relating to concerns under this procedure must be referred to Chief Operating Officer at the Scottish Junior Football Association.



REVIEWING THE MANAGEMENT OF CONCERNS

1. PURPOSE OF CASE REVIEW

Case reviews take place to establish whether there are lessons to be learnt about the ways in which a concern has been investigated and responded to. Reviewing a concern allows Scottish Junior Football Association to consider:

- How the Responding to Concerns Procedure was implemented; and
- The effectiveness of the Responding to Concerns Procedure; and
- Informing policy and improving practice with regards to wellbeing & protection matters.

2. DECIDING TO CONDUCT A REVIEW

Scottish Junior Football Association will follow the criteria set out below when considering and establishing a case for review.

- 1. The harm or risk of harm to a young person was high; and/or
- 2. Views expressed by those involved in the case have raised concern about the way it was handled; and/or
- 3. There was a clear failure of procedure in handling the case: and/or
- 4. The case attracted a significant amount of media interest; and/or
- 5. The case concerned an unusual practice or behaviour; and/or
- 6. The case took a significantly long period of time to resolve; and/or
- 7. The Board decides a review is appropriate.

A case deemed eligible for review may be a particular concern or matter or, in some cases, may be cumulative concerns.

From time to time Scottish Junior Football Association may, internally, take a sample of cases to review to ensure the level of service provided in case management is consistent and to highlight any learning to take forward into future cases.



3. IDENTIFYING WHO UNDERTAKES THE REVIEW

Scottish Junior Football Association will appoint a case reviewer, this may be internal or external to Scottish Junior Football Association. The case reviewer, whether internal or external, will have expertise in the area of the concern. These skills may differ according to the circumstances of each case and the agreed role of the case reviewer.

External Case Reviewer

The following criteria will be considered when deciding whether the case review should be external to Scottish Junior Football Association.

- Are the recommendations likely to influence and/or change practice across the whole of Scottish football?
- Was the risk of harm to the young person high?
- Has the case has attracted a significant amount of media interest?
- Is there a lack of experience and knowledge internally regarding the nature of the case?
- Have the Board expressed a preference towards an external reviewer as being more appropriate?

Where the answer has been **yes** to one or more of the criteria above, there is a presumption that an external case reviewer will be appointed by Scottish Junior Football Association. Scottish Junior Football Association continue to have an overview of the review and will set out clear expectations in respect of timescales (see section below), milestones in the process and deadlines for completion of reports but will not have any input into the findings or recommendation of the review.

Where an external reviewer is commissioned, consideration will be given to any formal contractual arrangements required, appropriate legal advice sought, which agencies will enter into the arrangements (if any) and a contract drawn up covering timescales, fees and confidentiality including data protection.



Internal Case Reviewer

Reviews may also be undertaken internally and a case reviewer will be appointed from within Scottish Junior Football Association. A case will not be reviewed by any individual who had an involvement in the concern or incident, either as a named individual or witness, in the matter of concern.

4. TIMESCALES FOR REVIEW

It is desirable that the case review should be undertaken as speedily as feasible and all cases will aim to be reviewed within an 8 week period from the point the case reviewer has been appointed and received all evidence and correspondence relating to the case.

Timescales will be open to change due to particular circumstances relating to each case. Where an extension is necessary a progress report and explanation for the extension must be submitted for approval to Scottish Junior Football Association's Management Committee.

5. FIRST STEPS OF THE REVIEW

After an individual has been identified, the Case Reviewer will give consideration where there may be some outstanding investigations or proceedings that are still ongoing. These considerations will be:

- 1. Is there a Police and/or social work protection investigation still ongoing?
- 2. Is there a criminal investigation by the police still ongoing?
- 3. Are there any related legal proceedings in relation to the case?

If the answer to any of these questions is yes, the review cannot proceed until any of the above has concluded.



6. OTHER CONSIDERATIONS

If the review can proceed, the case reviewer will need to consider how people may feel about the case being reviewed and the possible impact this could have. These reviews are not in place to reopen concerns or reinvestigate them. All evidence and correspondence relating to the concern itself will be considered and only in exceptional circumstances will contact be made with those involved e.g. parents, young people and witnesses for opinions or comment.

People may feel anxious about their actions being scrutinised but it should be made clear at the start of the review what it is set out to achieve to relieve any concerns, for example:

"I've been asked by Scottish Junior Football Association to review how the organisation dealt with the concerns about XXXXX. This will consider how procedures were followed and whether appropriate action was taken to protect those involved. I understand that you were involved in this case but I would like to clarify that this review is in place to..."

Throughout the whole case review, the case reviewer will make a record of the review and its findings. This may not be a lengthy report, although a full report may be appropriate in certain circumstances. Generally, any record of a review should contain the following information:

- The source of the concern.
- The nature of the concern.
- A chronology of events, individuals and organisations involved.
- Action taken.
- An analysis of the key issues or matters linked to the aims of the review.
- Any other relevant points or observations.
- Lessons to be learned and changes to be made.
- Recommendations.



CASE REVIEW PROCEDURE

1. Establish the facts of the case, a chronology of events and the roles of those involved

Setting out the actual sequence of events will help the case reviewer to understand what happened, when, and who was involved; for example:

23 April 2018	Young person discloses physical abuse to their coach during a
	training session
23 April 2018	Coach reports the matter to Wellbeing and Protection Department
24 April 2018	Concern allocated to Safeguarding Officer in the Wellbeing and
	Protection Department
24 April 2018	Advice sought by Safeguarding Officer from DC Smith at the
	Family Protection Unit, Police Scotland and the disclosure is
	reported to the police
25 April 2018	Safeguarding Officer speaks to coach about any appropriate
	support for the young person

2. Identify any issues of key questions relation to the aims of the review

The case reviewer should then be able to answer the questions contained in the specific remit of the review. If the case reviewer considers that a young person may still be at risk despite action taken during the case or as a result of failure to take appropriate action, they should be prepared to act.

Any urgent issues should be addressed immediately without waiting for the conclusion of the review.



3. Identify any other relevant points or observations

The case reviewer may identify issues which are worth exploring further. These may include:

PROCEDURES PEOPLE Were the relevant procedures followed? Were the right people involved? If not, is there a reasonable explanation Were the views of the young for this? person/family obtained? Were the timescales appropriate? · Were those involved aware of the Do the current procedures provide procedures? adequate information about what to do? Had the people involved been trained? If appropriate, was a referral made to Where appropriate, were external Disclosure Scotland as required in law? organisations involved; for example, the police or governing body of sport? **OUTCOMES RECORDING** Was the outcome appropriate in the Were records kept? case? Is the quality of the information recorded If not, why not? satisfactory? Is there a need to take further action in Can the forms be improved? this case; for example, referring the case to police/social work? Were the right people told the right things about the outcome?

(This list is not exhaustive)

4. Identify any lessons to be learned, changes needed and make recommendations

If the case reviewer has gone through the above table and can identify gaps or missed opportunities then this will inform the case reviewer's recommendations.



Recommendations may include things like changes to procedures, forms and/or the provision of training. It may be helpful for the case reviewer to prioritise the recommendations; for example, essential, desirable or helpful.

5. Responding to the Findings and Recommendations

Recommendations will be reported to Scottish Junior Football Association Association's Management Committee.

The report should include the recommendations only and not any details about the case, in order to preserve the young person's privacy, as well as others involved. Scottish Junior Football Association will consider how to respond to the findings, any recommendations and how to advise/support any others on whose behalf it has conducted the review.

Where recommendations are to be followed, Scottish Junior Football Association will identify:

- the priorities;
- what action is required;
- who will take action to address the recommendations; and
- timescales for completion.

This information must be clearly communicated to those involved.

If it is decided not to follow any recommendations, this decision and the reasons shall be clearly recorded. The Chief Operating Officer will consider whether this decision requires to be communicate further e.g. the Scottish Junior Football Association Board or any interested parties e.g. persons involved in concern or individual who conducted the case review.

Remember that many of the details of the case will be confidential, so any information shared must be presented in a way that protects the anonymity and privacy of those involved.



PART 5 - PRACTICE NOTES

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ANTI-BULLYING

'Bullying is never acceptable; it doesn't make a child better or stronger to get through it and it should never be seen as a normal part of growing up.' (respectme)'

Young person's wellbeing can be seriously impacted by bullying behaviour. Bullying can take some young person's rights away from them. Bullying is both behaviour and impact, the impact is on a person's capacity to feel in control of themselves. This is what is termed as their sense of 'agency'. Bullying takes place in the context of relationships; it is behaviour that can make people feel hurt, threatened, frightened and left out. This behaviour happens face to face and online. (respect me 2015)

What is bullying?

Bullying behaviour can harm people physically or emotionally. Something only has to happen once to make a young person feel worried, scared, threatened, left out and hurt. The actual behaviour may not be repeated but the threat may be sustained over time, typically by actions, looks, messages, confrontations, physical interventions, or the fear of these. Bullying can be difficult to identify because it often happens away from others and those who are bullied often do not tell anyone. It is also important to acknowledge that bullying is not always deliberate, but that does not mean that the bullying behaviour does not need to be appropriately challenged.

Scottish Junior Football Association appreciates that there can be challenges to recognising bullying behaviour as it often happens away from others and young people are reluctant to tell adults for fear of repercussions or an 'over-reaction' by adults. This Practice Note provides guidance for Scottish Junior Football Association members of staff, volunteers and its member clubs on how to recognise 'signs' of bullying behaviour and understand the impact that it can have on the individual being bullied. It sets out how members of staff and volunteers at Scottish Junior Football Association and its member clubs should respond should they have any concerns about bullying behaviour.



Prejudice-based bullying

Prejudice-based bullying is when bullying behaviour is motivated by prejudice based on an individual's actual or perceived identity and can be based on characteristics unique to a young person's identity or circumstance e.g. their ethnicity or religion or sexuality. When the bullying behaviour is as a result of prejudice, there is a need to address the root cause of the prejudice as well as effectively responding to incidents as they arise.

How to recognise bullying behaviour:

Bullying behaviour can include:

- Being called names, teased, put down or threatened (face to face and/or online)
- Being hit, tripped, pushed or kicked
- Being ignored, left out or having rumours spread about you (face to face and/or online)
- Sending abusive messages, pictures or images on social media, online gaming platforms or by phone
- Behaviour which makes people feel like they are not in control of themselves or their lives (face to face and/or online)
- Being targeted because of who you are or who you are perceived to be (face to face and/or online)
- Having belongings, including money, taken or damaged

The impact can include:

- Reluctance to attend training or get involved at the club
- Performance can be hindered or the young person may show a lack of interest
- Unexpected absences at training and/or matches
- Unexplained injuries this may include injuries which have been self-inflicted as a means of coping
- Change in behaviour when around particular people at the club e.g. being more withdrawn or appearing fearful
- Change in behaviour in general e.g. may appear more anxious or more guarded
- The young person saying they have lost or misplaced items



Scottish Junior Football Association will:

- Seek to prevent, reduce and respond effectively to bullying behaviour, through the implementation of this Policy and by ensuring that young people know what to do and who they can speak to if they are worried
- Highlight bullying based on prejudice and perceived differences to ensure our practices are effective in dealing with these issues
- Seek to understand the experiences and address the needs of young people who are bullied as well as those who bully within a framework of respect, responsibility, resolution and support
- Create an environment where bullying behaviour is not tolerated and is responded to in the best interests of the young person and/or young people involved

How to create the right environment:

Environments that promote respect, celebrate difference and encourage positive relationships and behaviour are less likely to see bullying as acceptable behaviour. Creating the right environment can discourage bullying behaviour and encourage young people to share any concerns.

How to create the right environment:

- Cultivate an ethos where there is an antibullying culture – it is especially important that adults are good role models for young people
- Do not label young people as "victims" and "bullies". Talk about 'bullying behaviour' and help and support the young person to change their behaviour and to understand and recognise its impact
- Respond to each incident of bullying behaviour individually and adopt different practices, if necessary, to find the most effective response

- Encourage all young people to speak and share their concerns. Help those being bullied to speak out by being open and encouraging young people to tell a coach or an adult who can help them
- Take all signs and reports of bullying very seriously
- Take all allegations seriously and take action to ensure that the young person is safe
- Have posters and signposting of local support services visible so young people know where they can go for advice and



 Speak to those being bullied and those displaying bullying behaviour separately support if they do not feel comfortable speaking to someone within the club or at the Scottish Junior Football Association

How to respond to bullying behaviour:

When responding to incidents or accusations of bullying behaviour the approach should be to ask:

- What was the behaviour?
- What impact did it have?
- What does the young person who has been bullied want to happen?
- What attitudes, prejudices or other factors have influenced the behaviour?
- What do I need to do about it?

NEVER allow bullying behaviour, in any form, to go unchallenged and unreported

What to do when bullying incidents and behaviour occur:

How to support the young person who is being bullied:

- Listen to and give the young person your full attention, exploring options together of what you can do to help
- Reassure the young person reporting the bullying that you can be trusted and will help them, although you cannot promise to tell no-one else
- Explain what will happen next and how they are going to be kept informed
- Report any concerns to the Scottish Junior Football Association Safeguarding Officer by completing the <u>Concern Recording</u> <u>Form</u>. This should include a record of what was said

- Be clear that online bullying behaviour will be treated as seriously as any other form of bullying behaviour
- In cases of online/electronic bullying advise young people who are being bullied by text, email or online:
 - to report the behaviour to the social media site and retain the communication e.g. a screenshot or to print it out
 - check their privacy settings to ensure their account is private and that no one can post on their page without them accepting the post



-	consider	blocking the	pers	on who is
	making	negative	or	offensive
	comment	S		

Young people who are exhibiting bullying behaviour will need help and support too:

- Talk with the young person who has been displaying bullying behaviour. Explain the situation and try to get them to understand the consequences of their behaviour.
- Identify the feelings that cause them to act this way and develop alternative ways of responding to these feelings
- Encourage and support those displaying bullying behaviour to change this behaviour. Ask them to consider the impact their actions is having on the other person
- Aim to restore positive relationships and In some cases it might be worth considering seeking an apology from those involved in bullying behaviour (for example where those on the receiving end wish reconciliation). However, apologies are only of real value when they are genuine
- Be sensitive and use good judgement informing when it comes to parents/carers of those whose negative behaviour is impacting on others. Put the young person at the centre – will telling the parents/carers result in more problems for the young person? What are the young person's views on parents/carers knowing? If in any doubt seek advice from the Scottish Junior Football Association Safeguarding Officer before responding
- Only consider imposing consequences as necessary to ensure the safety of young people, e.g. exclusion from the team or particular activity until behaviour standards are improved

These guidelines have been informed and developed with support from respect*me*, their publication 'Bullying in Scotland 2014' and the Respect for All: National Approach to Anti-Bullying for Scotland's young People, Scotlish Government 2017. Copyright remains with respect*me* and we acknowledge all and any material taken from www.respectme.org.uk



BEHAVIOURS

Football should be an enjoyable activity which allows everyone to take part in a fun and safe manner. At times this will involve managing behaviours in an appropriate way and responding to challenging behaviour in a safe and thought out manner.

This Practice Note aims to promote best practice that can help support young people manage their own behaviour. It also identifies unacceptable actions or interventions which must *never* be used by Scottish Junior Football Association members of staff, volunteers or member clubs.

These guidelines are based on the following principles:

- The wellbeing of the young person is the paramount consideration
- A risk assessment by means of planning and preparing for each session should be completed for all activities taking into consideration the needs of all young people involved in the activity. For further information see <u>Practice Note – Prevention Planning</u>
- Young people must never be subjected to any form of treatment that is harmful, abusive,
 humiliating or degrading and should always be able to maintain their dignity and respect
- No member of staff or volunteer should attempt to respond to behaviour by using techniques for which they have not been trained

MANAGING BEHAVIOUR

It is important to create the right environment and model the behaviour that you expect from young people involved in football.

Creating the right environment involves but is not limited to:

- Strong leadership promoting positive relationships at all levels and a culture and ethos of
 positive and respectful relationships. Members of staff and volunteers should embody the
 behaviour expected from the young people.
- Constructive communication communication between the adults and young people includes listening to the young person without interruption, or trying to solve the problem, and recognising how the young person is feeling.



- Behavioural reinforcement rewards for good behaviour and consequences for negative behaviour.
- All those delivering activities to the young person and/or young people should receive appropriate training and should be supported to address issues of behaviour through regular conversations with their manager and/or support from the Safeguarding Officer.

From time to time members of staff and volunteers working or volunteering with young people may be required to deal with a young person's behaviour that they find challenging. Managing this behaviour will involve advance planning of activities, responding in an appropriate way to the challenging behaviour and reflecting on how practice can be improved.

Preparation and Planning

Agreeing Acceptable Behaviour

Members of staff, volunteers, young person's/young people and their parents/carers should be involved in developing an agreed statement of what constitutes acceptable and unacceptable behaviour. This is commonly known as a 'Code of Conduct'. All members of staff and volunteers working or volunteering with young people will be expected to sign up to the 'Set the Standards – Behaviours, Expectations and Requirements' and uphold the Wellbeing and Protection Values - Inclusive, Approachable, Empowering and Accountable.

young people involved in Scottish Junior Football Association activities should also be encouraged to develop their own Code of Conduct. This will primarily involve young people who are playing football and can be done at the start of the season, in advance of a trip away from home or as part of a welcome session.

How do we help young people come up with a Code of Conduct?

- Ask the young person and/or young If and when such a list is compiled every people as a group to set out what behaviour they find acceptable and unacceptable within their group or team
 - member of the group will be asked to sign it, as can new members as they join



- breaking the 'agreement' should be. Experience shows that they will tend to come up with a sensible and working 'agreement'
- Ask them what the consequences of | If possible, a copy of the 'agreement' visible for reference during the activity e.g. in the team's changing room

Planning Activities

Good practice requires planning sessions around the group as a whole but also involves taking into consideration the needs of each individual young person within that group. Planning sessions involves 'risk assessing' the sessions and those taking the session or activity should consider whether any members of the group have presented challenges in the past or are likely to present any difficulties in relation to the tasks involved, the other participants or the environment.

When planning a session, activity or event members of staff and volunteers should:

- Identify the appropriate number of adults | If it is identified that a young person is required to safely manage and support the session, increased supervision may be necessary
- Be able to adequately respond to any behaviour and safeguard other members of the group, including other members of staff and/or volunteers
- Where members of staff and/or volunteers identify any potential risks, strategies to manage those risks should be agreed in advance of the session, event or activity

- likely to display challenging behaviour:
 - Speak to their parents/carers before the session or at the start of the season to identify techniques used within the home setting to support the young person and manage difficult behaviour, if appropriate
 - appropriate, seek advice from professionals if the young person has particular needs. This should always been done with the support and agreement of the young person and their parents/carers
 - Only in circumstances where the risk is too great towards the young person or



Olicy	
	others should the young person be
	asked to sit out of the activity

Managing behaviour during the activity

It is essential that responding to difficult behaviour is always done in a thought out and calm manner.

Responding to a young person who is displaying challenging behaviour:

- Listen to the young person and use their name
- Ask the young person 'what's happened?'
 to help calm the situation and give them an
 opportunity to reflect on why they are
 behaving this way
- Give them a way out or offer 'time out' e.g.
 "would you like to take a break?"
- Tell them that you to want to hear what they have to say e.g. say to them "Help me to understand what you are saying to me?

- Recognise the emotions and feelings that the young person has by naming them e.g.
 "I can see that you are feeling frustrated"
- Separate the behaviour from the person
- If there is going to be a consequence for their behaviour, explain to them what the consequence will be and what the behaviour was that has led to this consequence

Consequences for risk-taking or unacceptable behaviours:

- Time out from the activity, group or individual work
- Making up the act or process of making amends
- Payback the act of giving something back
- · Missing an activity
- Use of individual 'contracts' or agreements for their future or continued participation

Unacceptable conduct to manage young people's behaviour:

- Physical punishment or the threat of such
- Invading the young person's personal space
- Taking it personally
- Dismissing their feelings



- Shouting, threatening, preaching or arguing
- Verbal intimidation, ridicule or humiliation
- Telling the young person to "calm down"
- Pointing or shaking your finger
- Trying to 'win' or have the last word
- Interrupting e.g. "no, you listen to what I'm saying for a change..."
- The withdrawal of communication with the young person
- The threat that the young person will be 'dropped' from the team or not selected to play in the next game. Unless they present a risk of serious harm to themselves or other involved in the game and in these circumstances the reasons for this decision should explained to the young person and their parents/carers
- The young person being deprived of food, water or access to changing facilities or toilets

After each activity

- Reflect on practice what worked well, what did not work?
- Issues of behaviour and control should regularly be discussed with members of staff,
 volunteers, the young person and their parents/carers in the context of rights and
 responsibilities

Members of staff and volunteers should review the needs of any young person on whom consequences are frequently imposed. This review should involve the young person and parents/carers to ensure an informed decision is made about the young person/young person's future or continued participation in the group or team. Whilst it would always be against the wishes of everyone involved ultimately, if a young person presents a high level of risk or danger to themselves, or others, he or she may not be able to continue participating. This assessment could result from a single incident.

PHYSICAL CONTACT

There are a range of situations where members of staff and/or volunteers may come into physical contact with the young person and/or young people. For example, to prevent or treat an injury, a young person who is upset reaching out for comfort, congratulating a player who has done well, to position the player for a drill etc.



The general guidance is as follows:

- All forms of physical contact should be respectful and be sensitive to the needs and wishes of the young person and take place in a culture of dignity and respect
- Young people should be encouraged to express their views on physical contact
- Physical contact should be in a reasonable and appropriate manner in an open environment with other adults present, where possible
- Be mindful that to comfort a young person who is upset, it is not always necessary or appropriate to place an arm around them. Sitting down and listening to them and maybe holding their hand can show concern for their situation
- Sometimes young people will initiate a hug or other forms of excited/happy contact with coaches and other adults, this is a normal form of human expression. It is important that adults respond to this in an appropriate manner, where they engage with the young person in a positive way while not prolonging the contact or imitating it. Respond and then re-direct them into a more suitable coach/player form of positive expression such as a high 5 or dropping to one knee to speak to them at eye level

Members of staff and volunteers must never:

- Initiate unnecessary physical contact with their participants
- Engage in sexually provocative games e.g. horseplay or touching a young person in a sexually suggestive manner
- Engage in 'rough' physical contact

Supporting a young person with personal care

Some members of staff and/or volunteers may be working with young people with particular needs. It is recommended that the young person's parents/carer undertake any personal care, where possible. If it is necessary to help a young person with personal tasks e.g. toileting or changing, the young person and their parents/carers must be encouraged to express a preference regarding the support and work together with the member of staff and/or volunteer to develop practiced routines for personal care so that the young person and their parents/carers know what to expect. It is also important to establish what the young person can do themselves and any support should be limited to what the young person cannot do. The young person and their parents/carer should also be encouraged to speak out about methods of support with which they are uncomfortable.



Do not take on the responsibility for tasks for which you are not appropriately trained e.g. manual assistance for a young person with a physical disability.

Physical Contact for drills

Members of staff and/or volunteers who are training on particular techniques should demonstrate the move themselves or ask another player who can display the technique being taught. In exceptional circumstances, despite a demonstration or verbal description, it may be necessary to move the young person into a particular position. In these circumstances, the young person must be asked if they are comfortable to be moved into the correct position and a description given to the young person as to what it will involve e.g. "is it ok if I put my hands on your shoulders and move you into the correct position?" Manual support should be provided openly and must <u>always</u> be proportionate to the circumstances and must <u>never</u> involve contact with the young person's buttocks, genitals or breasts.

Physical Interventions

The use of physical interventions should always be avoided unless it is absolutely necessary in order to prevent a young person injuring themselves, injuring others or causing serious damage to property. All forms of physical intervention shall form part of a broader approach to the management of behaviour.

Physical contact to prevent something happening should always be the result of conscious decision-making and not a reaction. Before physically intervening, the member of staff or volunteer should ask themselves, 'Is this the only option in order to manage the situation and ensure safety?'



The following must always be considered:

- Contact should always be avoided with buttocks, genitals and breasts.
- Members of staff and volunteers should never behave in a way which could be interpreted as sexual
- Any form of physical intervention should achieve an outcome that is in the best interests of the young person whose behaviour is of immediate concern and achieve a better outcome for the young person than if no physical intervention is used
- Members of staff and volunteers should consider the circumstances, the risks associated with employing physical intervention compared with the risks of not employing physical intervention
- Members of staff and volunteers shall never use physical intervention as a form of punishment

- The scale and nature of physical intervention must always be proportionate to the behaviour of the young person and the nature of harm/damage they might cause
- All forms of physical intervention should employ only a reasonable amount of force
 the minimum force needed to avert injury to a person or serious damage to property
 applied for the shortest period of time
- Members of staff and volunteers should never employ physical interventions which are deemed to present an unreasonable risk to young people e.g. risk of injury
- Members of staff and volunteers shall never use a form of physical intervention for which they have not been trained

Any physical intervention used should be recorded as soon as possible after the incident by the member of staff and/or volunteer and reported to the Scottish Junior Football Association Safeguarding Officer as soon as possible. This can be done by completing the <u>Concern Recording Form</u> and emailing it to <u>safeguardingSJFA@scottish-football.com</u> or <u>killieboys@aol.com</u>.

A timely debrief for members of staff and volunteers, the young person and their parents/carers should always take place following an incident where physical intervention has been used. This should include ensuring that the physical and emotional wellbeing of those involved has been addressed and ongoing support offered where necessary.



Members of staff and volunteers, the young person and their parents/carers should be given an opportunity to talk about what happened in a calm and safe environment. There should also be a discussion with the young person and their parents/carers about the young person's needs and continued safe participation in the group, team or activity.



CELEBRATION – Photography and filming

Photographs, films and video clips can be used to celebrate achievements, promote activities and keep people updated. Footage can also be recorded for performance development and analysis reasons.

It is important not to curb such activity and to remember that the majority of images taken are appropriate and taken in good faith. This Practice Note sets out simples measures that must be taken to ensure the safety of young people in football. They are necessary to protect young people from those who would seek to take or manipulate photos and video footage in a way that harms the young person and/or young people or places them at risk of harm.

This Practice Note applies to members of staff, volunteers (including professional photographs contracted by Scottish Junior Football Association and its member clubs for particular events and activities), as well as the young people and their parents/carer who themselves will want to take photographs or videos of games, training or football related activities.

Potential risks:

- Inappropriate use, adaption or copying of images for use on websites
- Inappropriate photographs or recorded images being taken of young people
- Identification of the young person and/or young people when a photograph is accompanied by significant personal information
- Identification and locating of the young person and/or young people in inappropriate circumstances e.g. where the young person has been removed from their family for their own safety, or where there are restrictions on contact with one parent following a parental separation, or any other safeguarding concern away from football.

Young people who have a public profile as a result of their achievements are entitled to the same protection as all other young people. In these circumstances, common sense



is required and all decisions should reflect the best interests of the young person and be made in partnership with the young person.

CONSENT FORMS

A <u>Consent Form</u> must be completed by the young person and/or the young person's parents/carers before any photography or filming takes place and before any images are published online. This informs them that the young person may be photographed or filmed whilst participating in football and the purpose of this.

Special care must be taken in relation to vulnerable young people e.g. a young person fleeing domestic violence or a young person with a disability, and consideration given to whether publication or use of the photographs and/or video footage would place the young person at risk. If the Consent Form states that consent is **not** given to the young person being photographed this **must** be adhered to and practical arrangements put in place to avoid this happening e.g. the photographer should be told the young person's squad number and advised that they are not be photographed or filmed. If the situation cannot be managed safely then filming and/or photography during the activity should be prohibited.

If a young person is taking part in a game or event this may involve live streaming by Scottish Junior Football Association or one of its member clubs. Live streaming is the live visual broadcast over the internet. Live streaming must <u>never</u> take place in the changing rooms and should only be taken by authorised persons. The young person, if appropriate, and their parents/carers will be asked to provide consent. Before giving their consent they must be advised of the following:

- Where the live streaming will take place
 e.g. Facebook, Instagram, YouTube etc.
- Who the stream will be monitored by and for what purpose
- When the live stream will go live and when it will end
- Once the stream has finished, where the footage may be published and/or stored

 How individuals can withdraw their consent, if they wish to do so



SAFE USE OF IMAGES OF YOUNG PERSON

Use of Images and Information

Where consent is given to the taking and use of images the following practices will be implemented:

General Principles

- 'Action' images should focus on the activity rather than the individual
- 'Celebration' images should be group images rather than individual images, where possible
- All images should reflect the positive aspect of the young people's involvement in football
- All young people featured in images and/or videos must be appropriately dressed e.g. a minimum of shirt and shorts
- No photographing or filming will be permitted in changing areas, bathrooms or sleeping areas, including by the young people themselves
- All photographic / videoing equipment must be switched off prior to going into changing rooms

- Images will not be shared with external agencies unless express permission is obtained from the young person and their parents/carers over and above the consent form referred to above
- When using a professional photographer, all young person's and/or young people and their parents/carers should be aware that a professional photographer will be in attendance
- No unsupervised access or one-to-one photography or video sessions will be allowed unless this has been explicitly agreed with the young person and their parents/carers
- All images and accompanying information shared publicly will only include appropriate personal details

Taking of Images

- For promotional, marketing or social
 networking use of images for Scottish
 Junior Football Association publications
- Scottish Junior Football Association may seek publicity to positively promote football. Elite young players receiving



or online, members of staff and volunteers will use Scottish Junior Football Association or equipment used by an approved contractor

- Members of staff, volunteers and/or member clubs who take images of players should follow this Practice Note and comply in terms of use of images, consent, retention, safe storage and confidentiality
- For both safety and safeguarding reasons young people and members of staff and volunteers should not use personal mobile phones, tablets or photographic/videoing equipment during training or at match or event activities
- endorsements or sponsorship may well welcome positive media coverage on a local, regional or national level. As well as giving consent, it is important for these players, their parents/carers and media representatives to be clear about appropriate arrangements and ground rules for interviews, filming and photo sessions
- Where images are taken agreement and arrangements can be in place for the young person and their parents/carers to be given copies but they must confirm they will not upload any of these images or videos to their own or the young person's social media or online platforms

Filming as a coaching aid

- Members of staff and volunteers using videoing as a legitimate coaching aid should make the young person and their parents/carers aware that this will be part of the coaching programme and consent for this filming should be sought through the <u>Consent Form</u>
- External agencies need permission from Scottish Junior Football Association to take any images during the training environment
- During training members of staff and/or volunteers will use the Scottish Junior Football Association's equipment, or equipment of an approved contractor, only for the purposes to taking photographs or video for player development or performance analysis. There should be no personal use of equipment, including mobile phones



Matches and Events

- Any photography or videos taken by young people and their parents/carers should be restricted to immediate family members for private, non-commercial purposes and not put online on any personal social media or online platforms.
 This must be communicated to the young person and their parents/carers
- Photographers' from external agencies should be aware of the organisations expectations with regards to photography and filming and the safeguards which must be adhered to

- External agencies need permission from Scottish Junior Football Association to take any images during the match/event activities
- If competing abroad, steps will be taken to find out about the hosting club's rules and requirements on photography and videoing at events and games and information shared to the young person and/or young people and their parents/carers about what to expect

Scottish Junior Football Association will take all reasonable steps to promote the safe use of photography and filming at all events and activities with which it is associated, however Scottish Junior Football Association have no power to prevent individuals photographing or filming in public places.

If there are concerns about the safety and wellbeing of young people, Scottish Junior Football Association reserve the right at all times to prohibit the use of photography or filming at any event or activity with which it is associated and in locations where Scottish Junior Football Association has jurisdiction.

REMEMBER:

It is not an offence to take <u>appropriate</u> photographs in a public place, even if the person has not been asked to do so. No one has the right to decide who can and cannot take images on public land.

However, anyone behaving in a way which could reasonably be viewed as inappropriate in relation to filming or photographing should be approached for an explanation. If a satisfactory explanation is not provided, the circumstances should be reported to the Scottish Junior Football Association Safeguarding Officer in line with the Responding to Concerns Procedure.



If you have *serious* concerns about a possible young person's protection issue relating to the filming or taking of photographs then the matter should also be reported to the Police without delay. This action should be taken where you believe that someone may be acting unlawfully or putting a young person at risk.

MOBILE PHONE CAMERAS/VIDEOS

There have already been a number of cases where young people have been placed at risk as a result of the ability to discreetly record and transmit images through mobile phones. There is also scope for humiliation and embarrassment if films or images are shared on popular websites such as YouTube. The use of mobile phones in this way can be very difficult to monitor. This Practice Note should be observed in relation to the use of mobile phones as cameras/videos. Particular care is required in areas where personal privacy is important e.g. changing rooms, bathrooms and sleeping areas. No photographs or filming should ever be permitted in such areas of personal privacy.

Members of staff and volunteers who become aware that inappropriate photographs or video footage has been taken in any of the above areas, whether by an adult or another young person, should immediately report the matter to the Scottish Junior Football Association Safeguarding Officer as per the Responding to Concern Procedure.

INTERNET/WEBSITE

Scottish Junior Football Association may post information, photographs and videos on its website which is available to all members of the public. In terms of publishing anything that includes an image or information about a young person, the following good practice should be followed:

Use of Images and Information

- Information published on the websites/social networking sites must never include personal information that could identify a young person e.g. home
- Information about specific events or meetings e.g. coaching sessions must not be distributed to any individuals other than to those directly concerned



- address, email address, telephone number of a young person. All contact must be directed to Scottish Junior Football Association
- Young people must never be portrayed in a demeaning, tasteless or a provocative manner.
- Young people should never be portrayed in a state of partial undress
- Where an event or game will be streamed live appropriate consent will be sought from the players and/or their parents/carers
- Photographs of young people attending games as spectators may be used by Scottish Junior Football Association for commercial purposes as specified in the terms and conditions for ticket purchase

STORAGE AND RETENTION OF IMAGES

Scottish Junior Football Association will ensure that all images, negatives, videos and photographs will be stored in a secure environment, whether digital or hard copy. These will not be kept for any longer than is necessary having regard to the purposes for which they were taken. Member clubs of Scottish Junior Football Association must ensure that they take the appropriate steps to do the same.

Images, negatives, videos and photographs will be reviewed regularly and held in line Scottish Junior Football Association Data Retention Schedule.



COMMUNICATION AND SOCIAL MEDIA

Information and communication technology (ICT) and social media is developing and advancing extremely quickly meaning the way in which we communicate and receive and absorb information is changing all the time. These advancements provide significant benefits for organisations, including opportunities to promote activities and communicate easily with young people, their parents/carers and the wider community through various channels e.g. text, email and social media. It allows people to connect to the world instantly and it enables organisations to disseminate information widely at a low to no cost and provide a platform to celebrate success.

In addition to the benefits there is also potential for misuse and it is the misuse of communication technology and social media which can put young people at considerable risk. Therefore, safeguards around its use must be put in place.

Risks associated with ICT and Social Media

For young people:

- Access to inappropriate websites or inappropriate content
- Inappropriate access to, use or sharing of personal details e.g. names, email address, school
- Unwanted contact from adults or other young people with wrongful or questionable intent
- Receiving, sending or sharing inappropriate or offensive images, material and/or comments
- Online bullying
- · Grooming for sexual abuse
- Direct contact and abuse
- A distorted view between the "real world" and the "online world"

For adults:

- Their communication with young people being misinterpreted
- Bullying
- Young People/Adults attempting to contact them or access personal information



Scottish Junior Football Association may contact young people and their parents/carers via text or email or possibly through social networking sites depending on the football activity that each young person is involved in with Scottish Junior Football Association.

This Practice Note is for members of staff, volunteers, member clubs and Scottish Junior Football Association who use any of these methods to communicate with young people.

General principles

DO:

- Communicate in an open and transparent manner
- Only send communication via text, email or social media if it is necessary and relates to the activity the young person is involved in
- Get signed consent from parents/carers before using any of these methods of communication with young people.
 Explain to the parents/carers the purpose for the communication and the method by which communication will be sent to the young person and/or young people
- Get signed consent from the young person, if they are aged 13 or over, about the agreed methods of communication, depending on the young person's maturity and ability to consent
- Members of staff and/or volunteers should communicate information regarding programmes, events, training and matches through the agreed method of communication and:

- For 'private' group chats on social media, make sure that there is more than one member of staff and/or volunteer part of the group chat
- Remove and report any offensive comments or messages immediately to the Safeguarding Officer and to the social media site, if appropriate
- Keep all phone numbers and/or email addresses of young people in a secure and confidential place
- Keep access to personal mobile numbers and email addresses of the young people to a practical minimum with only relevant members of staff and/or volunteers having access to this information and only when necessary to enable them to fulfil their role
- Report to the Safeguarding Officer any instances where you receive any inappropriate communications from a young person. Do not reply. The Safeguarding Officer will agree what action Scottish Junior Football Association will take e.g. notifying parents and any other appropriate individuals or agencies



- copy in with another designated member of staff or volunteer to the communication
- copy in the young person and young person's parents/carer, if possible
- only use group texts or emails, if possible

DON'T

- Contact or correspond privately with a young person on a 1:1 basis unless in exceptional circumstances. If it is necessary to communicate directly this should only be in connection with the football activity and must never be sent from a personal device
- Send any messages which contain inappropriate, abusive or offensive material or that are open to misinterpretation

- Use text or emails for personal conversation, sending pictures, jokes or other items of a personal nature
- Respond to emails from a young person and/or young people other than those directly related to Scottish Junior Football Association matters
- Use language that is directly (or could be misinterpreted as being) racist, sexist, derogatory, threatening, abusive or sexualised in tone

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 Explain to the parents/carers the purpose for the communication and the method by which communication will be sent to the young person and/or young people
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 - copy in the young person and young person's parents/carer, if possible
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- Contact or correspond privately with a young person on a 1:1 basis unless in exceptional circumstances. If it is necessary to communicate directly this should only be in connection with the
- Use text or emails for personal conversation, sending pictures, jokes or other items of a personal nature
- Respond to emails from a young person and/or young people other than those



football activity and must never be sent from a personal device

 Send any messages which contain inappropriate, abusive or offensive material or that are open to misinterpretation directly related to Scottish Junior Football Association matters

 Use language that is directly (or could be misinterpreted as being) racist, sexist, derogatory, threatening, abusive or sexualised in tone



YOUNG PERSON WITH ALLERGIES/PRE-EXISTING MEDICAL CONDITIONS

Football is an inclusive game and Scottish Junior Football Association seeks to provide opportunities to young people of all abilities regardless of any medical conditions, disabilities or allergies they may have. It is important that young people with medical conditions or allergies are not unnecessarily excluded from taking part in activities with their peers and that reasonable steps are taken to accommodate their individual needs.

This Practice Note highlights how Scottish Junior Football Association expects its members of staff, volunteers and member clubs to respond to young people with allergies or pre-existing medical conditions in order to safeguard and protect the young person's wellbeing whilst attending their football activity. It also sets out the responsibilities of the young person's parents/carer in alerting members of the staff and volunteers of any pre-existing medical conditions or allergies. Parents/carers should be informed that they are required to provide this information, where appropriate.

Parent/Carer Responsibility

When a young person with an allergy or pre-existing medical condition joins a football activity, parents/carers should:

- Ensure they complete the <u>Consent Form</u> accurately **and** also take the time to talk to the member of staff or volunteer about the specific needs of their young person and how to address and accommodate these needs
- Update the member of staff or volunteer of any change in circumstances

- Consider a medic alert bracelet/watch for their young person
- Check the expiry date of adrenaline injectors and any medication regularly. An out-of-date injector may offer some protection, but this will be limited
- If their young person has a 'rescue pack' this is given to the member of staff or volunteer along with instructions on how it should be used



Scottish Junior Football Association and member club's responsibility

Members of staff and volunteers should:

- Ensure <u>Consent Forms</u> for all young people attending the football activity are available and up to date together with full details of the young person's allergies
- Ensure that the <u>Consent Forms</u> are stored in a confidential but accessible way so that appropriate members of staff and volunteers, those who need the information to fulfil their role, can access the information
- Have a copy of the young person's care plan for allergies and individual risk assessment
- Communicate with the young person and their parent/carer directly, when necessary
- Appropriately share the information with others involved in the football activity – ask yourself 'do the right people know so they can respond if necessary?'
- Ensure correct storage of medication by following the appropriate instructions

- Be familiar with the nearest medical facilities in the event it is required
- Medication should only be administered by the young person or their parent/carer unless it is an emergency. In such circumstances the medication should be administered line with in parent/carer's instructions or a medical professional. For trips away from home consideration should be given to the young person's parent/carer accompanying the trip in circumstances where the young cannot person administer the medication themselves
- Have their mobile phones charged and check they have a signal to allow calls to be made
- Plan for additional supervision e.g. depending on young person's medical condition/s and environment
- Record incidents or concerns and report them to a member of the Safeguarding Officer



PLANNING AND ORGANISATION

Planning and organising is a vital part of the delivery of Scottish Junior Football Association activities for young people and is essential to ensure the safety and wellbeing of all taking part.

ADULT TO YOUNG PERSON RATIOS

All activities should be planned to involve <u>at least</u> two adults. For teams which include both girls and boys it is recommended that there is at least one male adult and one female adult present. For each activity a risk assessment should be completed and a decision as to how many adults are necessary to supervise the activity should be made based on that risk assessment. With a minimum of at least two adults present, the following ratios are recommended⁵ as a general guide:

AGE	RATIO
2 years to 3 years old	1:5
3 years to 7 years old	1:8
All young person's aged 8 years old and over	1:10

Other factors will also be taken into consideration in deciding how many adults are required to safely supervise the activity or event.

This list is not exhaustive but it may include:

- The nature of the activity e.g. training session, match, an event, does it include a trip away or overnight stay?
- The number of young people involved in the football activity
- Whether any of the young people have challenging behaviour
- The particular risks associated with the football activity or event
- The particular risks associated with the environment

⁵ The ratios are recommended in the National Care Standards: Early Education and young person care up to the age of 16 (Scottish Executive, 2005, revised September 2009). They are a relevant minimum for daytime activities, but should be modified for overnight stays, trips away from home and to take into account other risk factors.



- young person and/or young people involved
- Whether any of the members of staff, volunteers or young people have a learning or physical disability or special requirements
- The age, maturity and experience of the | The level of qualification and experience of the members of staff and volunteers
 - The programme of activities

RISK ASSESSMENTS

A key part of the planning an activity or event is considering any risks associated with the activity or event and how these risks can be minimised and managed.

For further information on risk assessments see Practice Note – Prevention Planning.

COLLECTION BY PARENTS/CARERS

There may be occasions when a parent/carer is late to pick up their young person at the end of a football activity. It is not the responsibility of Scottish Junior Football Association or a member club to transport young people home on behalf of parents/carers who have been delayed, however Scottish Junior Football Association or a member club does continue to have a duty of care to the young person in the absence of their parent/carer.

Staff and volunteers will:

- 1. Make sure that communications:
 - Are clear about starting and finishing times of the football activity
 - Are clear about the expectations of parents/carers not to drop young person off too early and collect young person promptly when the football activity finishes
- 2. Ensure that there is more than one member of staff and/or volunteers at the end of the football activity to supervise collections.



3. Ensure that, in emergency situations, the members of staff and/or volunteers know how to deal with being left alone with a young person. This will be done by putting preventative measures in place and agreeing simple steps about how the situation should be dealt with if this arises.

As a general rule members of staff or volunteers should not be in a position where they are alone with a young person, however there are exceptions and an emergency situation is such an example e.g. if there is an emergency situation which requires an adult to respond leading to the other adult being left alone a young person.

REMEMBER:

The wellbeing and best interests of the young person /young person are paramount and have to take precedence, so leaving young people alone is not an option.

- 4. Ensure they have access, as appropriate, to the young person's address, contact telephone number and an alternative phone number of another responsible adult provided by the parent/carer. The consent form completed prior to the activity or completed at the start of the season must include an emergency contact and a late collection contact number.
- 5. It may be appropriate for a young person to travel unaccompanied to and from the activity or event e.g. if the activity involves young people aged 15 and over it may be appropriate for them to make their own way to and from the activity or event. If it would be appropriate for a young person to make their way to and from the activity or event alone consent must first be sought from the young person themselves <u>and</u> their parents/carers. This can either be done through the Consent Form signed annually or verbal consent.
- 6. Never transport a young person alone on a 1 to 1 basis, unless necessary due to an emergency situation. In such circumstances the young person should be transported in line with the requirements set out in Practice Note Travel and Trips Away on 'Transporting Children'.
- 7. In the rare situation they are left alone with a young person transparency is the key:



- Keep a record of your actions; and
- Inform the Safeguarding Officer and the young person's parents/carers as soon as possible; and
- A young person should never be allowed to travel home alone unless the express consent of the parent/carer has been given in advance or is obtained by telephone and, even with this consent, a common sense approach should be taken about whether it is safe for them to do so in the circumstances e.g. the distance, location, time of day and weather will all be relevant factors.
- 8. When all else fails and a young person has not been collected and there is no sign of them being so and it would not be appropriate to or you are unable to transport the young person, call the police.
- 9. Any concerns about the young person or their parents/carers which arise during collection should be responded to in line with the <u>Responding to Concerns Procedure</u>. If you have a concern about the immediate safety of a young person, or others, you must take all reasonable steps to ensure their safety and contact the police.

REMEMBER:

- While running the football activity members of staff and volunteers have a duty of care to the young person and/or young people that are in their charge.
- When the football activity has finished the duty of care continues in the absence of a parent/carer or other responsible adult.

SAFE USE OF CHANGING FACILITIES

One of the areas where young people are particularly vulnerable at football is the changing room. Limited changing facilities sometimes mean that people of all ages regularly need to change and shower during the same period.

To avoid possible misunderstandings and embarrassing situations, adults need to exercise particular care when young people are changing and provide enough supervision to



recognise if there are any issues between the young people while they are using the changing room e.g. bullying behaviour.

To ensure the wellbeing of all young people while they are using the changing rooms the following strategies should be followed

- Adults should not change or shower at the same time as young people
- If space is limited identify a period of time which is solely for young people or adults to use the changing facilities and a sign placed on the door to make people aware of the restricted use
- If a young person is uncomfortable changing or showering in public, no pressure should be placed on them to do so
- Where no changing facilities are available the young person and/or young people and their parents/carers should be notified in advance and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits
- Young person's aged 10 and under must be supervised/monitored in the changing rooms – see below for further information

- The use of mobile phones and/or photographic equipment is prohibited within areas where a young person and/or young people are changing or showering
 see <u>Practice Note Celebration</u> for further information
- If a young person requires assistance when changing due to their age or ability, this should be done by the young person's parent/carer. If this is not possible, the young person, where possible, and their parents/carers should be involved in deciding how they should be assisted see Practice Note Health for further information
- While some activities may be restricted to changing rooms for the purposes of team talks, if at all possible another area should be considered for this. If there are no other options, it is best practice to wait until all young people are fully dressed

Chaperoning/Supervising changing facilities:

- Members of staff and volunteers must always work in pairs and not to be alone in these circumstances
- Only those members of staff and/or volunteers who are in regulated work and appointed in accordance with the appointment and selection procedure for



- Extra vigilance may be required if there is public access to the facility
- Depending on the needs and age of the young people, supervision of the changing rooms can be done from outside the door with a call in or entering briefly and walking through

those in regulated work should enter the changing room when a young person and/or young people are present, unless there is an emergency situation that requires assistance

In an emergency, if a member of staff or volunteers is required to enter the changing area they should be accompanied by another adult. If they have to go into a single gender changing room e.g. a male has to enter a female changing area, or vice versa, another adult of the opposite gender should accompany them.



PREVENTION PLANNING

Prevention planning is considering all the risks associated with running football related activities and planning and managing the risks by putting in preventative measures to minimise them. Prevention Planning may take the form of various assessments but for day to day activities or one off events this will involve conducting a risk assessment as part of planning and organising the activity or event.

Members of staff, volunteers and member clubs who provide football activities for young people have a duty to undertake a risk assessment of the environment in which they are operating, the activity itself and the group to ensure that the group's requirements are met. Potential areas of risk should be identified at the planning stage and should be recorded in writing. Safeguards should be put in place to manage the risks identified. Depending on the nature of the event, activity or trip the risk assessment may be an ongoing process as unexpected situations can happen.

What is a risk assessment?

A risk assessment is an important step to ensure the safe delivery and involvement of everyone participating in football activities, in any capacity e.g. player, coach, spectator, referee, volunteer etc. Completing a risk assessment allows those running day to day football activities or a specific event or activity to focus on the risks that really matter – the ones with the potential to cause significant harm.

A risk assessment is simply a careful examination of what could cause harm to other people so that the risks are identified and an informed decision be made as to whether enough precautions have been taken or more should be done to prevent harm.

Why is a risk assessment necessary?

The Policy Statement declares that Scottish Junior Football Association will act in the best interests of young people and promote Children's Rights, including the right to be protected from harm and abuse. To do this effectively, those working with young people must first



be aware of the areas of risk and be able to adequately assess these risks. By doing this members of staff, volunteers and member clubs will be:

- making sure young people are safe
- protecting members of staff and volunteers
- making sure that Scottish Junior Football Association complies with legislation
- reducing or removing liability
- giving the sport a good reputation

What does the law state?

The United Nations Convention on the Rights of the Child (UNCRC) states that all children have the right to be protected from harm, abuse and exploitation at all times. Section 5 of the Children (Scotland) Act 1995 states that if you are 16 or over and have children in your care or control then you must do what is reasonable in all circumstances to safeguard their health, development and welfare.

Carrying out a risk assessment

Step 1 - Identify potential risks

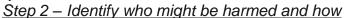
In preparation for an activity member of staff and volunteers must the following:

- What is the nature of the activity?
- Where will the activity be carried out?
- What are the potential risks?
- Who may be at risk?
- Will the group be mixed?
- What will the age range be?
- Are there special needs within the group?
- How do you control the risk?
- What actions need to be carried out to do this?

- What are the experience and qualification levels of the coaches and/or volunteers?
- Is a First aider present? A qualified First Aider with a First Aid kit must be present for all activities
- How will young people be supervised?
 Young people should be properly supervised at all times, always with a satisfactory ratio of coaches and volunteers to young people

Think about who or what might cause harm to a young person and/or young people taking part in the activity or event.

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When identifying who might be harmed and how try to be specific e.g. a young person may be injured by an opponent tackle during the game. In this example, injury should already have been identified as a potential risk and this step allows for further consideration as to how this risk can be reduced.

Step 3 – Evaluate the risks and decide on precautions

Evaluating risks includes considering how likely it is that harm could occur and how serious would it be. This is often described as 'rating' risk. Risk should be evaluated for likelihood and impact and a risk rating given for each. An example of rating is:

High:could occur quite easilyHigh:could cause significant harmMedium:could occur sometimesMedium:could cause moderate harmLow:unlikely, although conceivableLow:could cause minimal harm

In the example above of the young person being injured by an opponent tackle, the evaluation may be High/Low to Medium. This would show that the risk 'could occur quite easily' but would cause minimal to moderate harm.

Once the risk has been evaluated a decision can be made on what action should be taken. It is up to the member of staff and/or volunteer as to what action should be taken and this will include understanding that the law expects Scottish Junior Football Association to do what is reasonable in all the circumstances.

For each risk assessment a risk owner should be assigned. The risk owner will assess what current controls are in place to reduce the risk, what future actions must be done to reduce the risk and what else they need to do about the risk.

The risk owner should consider the following:

- 1. Can we eliminate the risk altogether?
- 2. If yes, what do we need to achieve this?



- 3. If no, what can we do that will allow us to manage the risk so that it becomes an acceptable level of risk?
- 4. Who will manage this risk?

If the assessment of risk is that there is a high likelihood of occurring and a risk of significant harm and safeguards cannot be put in place to reduce the likelihood or harm then the activity should not go ahead.

Step 4 – Record your findings and act on them

It is helpful to record the result of your risk assessment. The benefits of recording are:

- It shows everyone involved that you take this seriously and that you value their involvement; and
- It will be helpful in the future when you look back to review what action is identified

Keep it simple. If there are a number of actions required, tackle the important ones or those which are rated 'high' first. Agree timescales for addressing the other actions and who will be responsible. A template for an Activity Level Risk Assessment can be found at the end of this Practice Note.

<u>Step 5 – Monitor and review</u>

After the event/activity/trip review how it went:

- Were the controls effective?
- Were the actions effective?
- What can we learn?



Ask the young person and/or young people who took part in the activity/event, their parents/carers and the member of staff and/or volunteers who were involved in the activity/event what will be realistic and work in practice.



RELATIONSHIPS

Developing good relationships leads to positive behaviour on and off the pitch. Positive relationships are essential for creating the right environment. Unfortunately, there may be occasions where inappropriate relationships with young people are formed through football.

Scottish Junior Football Association members of staff, volunteers and its member clubs are expected to be proactive in promoting positive relationships with all young people involved in football.

This Practice Note sets out how members of staff and volunteers are expected to develop positive relationships, information about 'positions of trust' and highlights behaviour which is inappropriate and the response which should be take should by anyone involved in football if they have concerns.

POSITIVE RELATIONSHIP

Positive relationships are essential for creating an environment of inclusivity and fun. They lead to effective learning and create place where young people feel able to share any worries or concerns. Where young people feel included, respected, safe and secure they are more likely to develop self-confidence, resilience and positive views of themselves.

How to develop positive relationships with the young people:

DO

- Have fun and help them get the most out their football experience
- Support the young people to understand their rights in football
- Treat them with respect, dignity, sensitivity and fairness
- Celebrate the success but put the interests of each young person before winning
- Encourage them to be the best version of themselves and to recognise their strengths and weaknesses



- Listen to what they have to say and, when possible, include them in decisions on matters that affect them
- Set clear boundaries so they know what to expect from you and what you expect from them
- Give enthusiastic and constructive feedback
- Challenge inappropriate behaviour e.g. bullying behaviour, swearing or sexualised language
- Involve the parents/carers wherever possible

DON'T

- Have 'favourites' this could lead to resentment and jealousy by other young people and could be misinterpreted by others
- Spend excessive amounts of time alone with young people away from others
- Make sexually suggestive comments to a young person, even in fun

- intimate emotional, physical or sexual relationships with young people
- Have a young person to stay at your home where this is not part of a preexisting family relationship or social relationship with other members of your family

POSITION OF TRUST

In football, as in many sports, young people look up to the adults involved in the game and those in leadership roles. They see these individuals are idols, role models and sometimes the people who can help them achieve their goal of becoming a professional footballer, whether this is real or perceived.

A position of trust is any position of authority that requires the holder of the position to enjoy the trust of a person over whom they exercise this authority and can also be known as a 'relationship of trust'. In the context of this Practice Note people who hold position of trusts are generally adults but will also apply to young people who are aged under 18 and have taken on leadership roles.



The power and influence a member of staff and/or volunteer has over a young person, who they are coaching or looking after in football, cannot be underestimated. Therefore, members of staff and volunteer will be considered to be in a position of trust.

If there is an additional competitive aspect to the activity and the person in the position of authority is seen as having a role in the young person's success or failure, for example through team selection, then the dependency of the younger person has upon the person in a position of authority will be increased. It is therefore vital for everyone to recognise the responsibility they must exercise in ensuring that they do not abuse their position of trust.

Current sexual offences legislation classifies any sexual activity involving young persons under 16 years old as unlawful. The Sexual Offences (Scotland) Act 2009 defines specific roles and settings where sexual activity between 16 or 17 year olds and those in a position of trust, responsibility, or authority, constitutes a criminal offence. The legislation does not currently include sports roles (e.g. coaches, instructors or helpers) or sports organisation settings (e.g. clubs, leisure facilities or events) within these definitions. Nonetheless Scottish Junior Football Association recognises the influence that staff and/or volunteers have over young people, and that by virtue of their role they have the capacity to influence their personal, social and sporting development.

Genuine relationships do occur, however no intimate relationship should begin whilst the member of staff or volunteer is in a position of trust with the young person, regardless of whether they are both over the legal age of consent.

Any concerns that a member of staff and/or volunteer is or has abused their position of trust **must** be reported to the Scottish Junior Football Association Safeguarding Officer.

PEER ON PEER ABUSE

Football is a great place to make new friends and increase your social circle. Through a common interest in football friendships will form and relationships will develop between the young people. This may include intimate emotional relationships between



a young person and/or young people. Often no harm comes from them, indeed they can be positive relationships. However, young people who suffer abuse can do so at the hands of other young people. Peer on peer abuse may include physical, emotional and/or sexual abuse. Scottish Junior Football Association takes harmful behaviour by young people towards other young people seriously. Any concerns about such conduct must be reported to the Scottish Junior Football Association Safeguarding Officer and, if appropriate, reported to the police and local statutory services.

'Positions of trust' applies as much to young people who have taken on a leadership role as it does to adults involved in football. If there is a concern that a young person has abused their position of trust or acted inappropriately towards another young person this will be responded to in line with the <u>Responding to Concerns Procedure</u>.

GROOMING

The vast majority of adults involved in Scottish Junior Football Association activities with young people participate with the aim of providing a fun, positive experience for those with whom they work. However, Scottish Junior Football Association recognise that some people (though a minority) may use football as a way of gaining access to young people for inappropriate reasons, including sexual abuse.

In order to gain access to young people, those who commit offences often first earn the trust of people surrounding the young person. This may include representatives of the young person, members of the club, coaches and volunteers, parents and carers and other young people. This process is referred to as 'grooming'. This predatory behaviour is an offence and may be prosecuted separately to direct sexual abuse. Those who commit offences often portray themselves as caring and trustworthy individuals so they are freely entrusted with the care of young people. Once they have gained access to young people, they befriend them in order to break down any pre-existing barriers. As soon as a trusting friendship has been established, they manipulate and control the young person into gratifying their sexual needs. It is important to recognise that this can occur over a very short or a very long period of time depending on the individual and the role they have, for example if a person is perceived by the young person as being able to influence their sporting career then the process can be very short indeed.



Scottish Junior Football Association recognise that some young people who have been sexually abused may not consider that they have been abused as a result of grooming and instead may think that they are in a 'loving' relationship with the adult. It is important to understand that grooming is part of the abuse and is a criminal offence. *The Protection of Children and Prevention of Sexual Offences (Scotland) Act 2005 addresses the predatory behaviour of those who "groom" young people with the aim of abusing them, by introducing an offence of "grooming".* Any member of staff, volunteer or member club must report any suspicions or allegations of grooming to the Scottish Junior Football Association Safeguarding Officer in line with the Responding to Concerns Procedure.

SITUATIONAL OR OPPORTUNISTIC BEHAVIOUR

Not all people who abuse young people are predatory or go into a role with the intention of abusing young people. In some circumstances the adult may take advantage of the opportunity through misuse of their position of trust and a lack of clear boundaries ("opportunistic behaviour"). Others may be in a situation where through working with a young person they start to feel an attraction ("situational behaviour"). For those whose behaviour is situational or opportunistic they may have never previously considered abusing a young person or had a sexual attraction to young people and may be just as confused about their own behaviour, thoughts and feelings. This does not mean that their behaviour is any less concerning. The wellbeing and safety of the young person must always be the paramount consideration and all actions should be taken in their best interests. Any concerns of such behaviour must be responded to under the Responding to Concerns Procedure and reported to the police, if there is possible criminal behaviour. In circumstances of situational or opportunistic behaviour the Appointment and Selection Procedure becomes less effective as a preventative measure and prevention planning becomes necessary as an on-going assessment to the safety of all young people involved in the football.



SEXUAL ACTIVITY

Within football, as within other activities, sexual relationships do occur. It is important to address sexual activity both between young people and between adults and young people.

Sexual activity between a young person and/or young people involved in football is prohibited during team events, in facilities and social activities organised by Scottish Junior Football Association and member clubs. Inappropriate or criminal sexual behaviour committed by a young person may lead to the information being shared with the young person's Named Person, if applicable, and may lead to reports being made to external agencies such as the police or social services. Sexual activity between young people is unlawful if one or both are aged under 16.

Sexual interactions between adults and young people (aged 16 and over) involved in football while not illegal raise serious issues given the power imbalance inherent in the relationship. Where a young person is of the age of consent, the power of the adult over that young person may influence their ability to genuinely consent to sexual activity. Members of staff and/or volunteers in a position of authority may have significant power or influence over a young person's career. Sexual activity between adults and young people (aged 16 and over) involved in football is prohibited when the adult is considered to be in a position of trust or authority (coach, official etc). Inappropriate or criminal sexual behaviour committed by an adult will lead to suspension and disciplinary action in accordance with the Scottish Junior Football Association's Disciplinary Procedures, which in the case of criminal behaviour must include contacting the police.

Sexual activity between adults and young people under the age of 16 is a criminal act and should be immediately reported to the Safeguarding Officer and the police.

*All references and information provided on legislation listed above has been taken from '10 Steps to Safeguard Children in Sport' published online by the Safeguarding in Sport Service: www.children1st.org.uk/what-we-do/our-services/search-our-services/safeguarding-in-sport/10-steps-to-safeguard-children-in-sport



TRAVEL AND TRIPS AWAY

Travel to away games and trips away from home should be both safe and fun for young people. It should be a chance for all young people to grow in confidence, self-esteem and skills. Parents and carers will often worry when their young person are away but careful planning and preparation should help to ease those worries and demonstrate that consideration has been given to the various needs of their young person and the potential risks associated with trips away.

This Practice Note sets out what is expected of members of staff, volunteers and member clubs when travelling with young people as part of the football activities and should be read in conjunction with the Practice Note on <u>Planning and Organisation</u>.

TRANSPORTATION OF YOUNG PERSON

Where it is necessary to transport a young person and/or young people it is important to consider the risks associated. The following provides information about the responsibilities of both the young person's parents/carers, Scottish Junior Football Association and its member clubs and sets out what is required when transporting young people.

Responsibility of Parents/Carers

- Parents/carers must complete the <u>Consent Form</u> declaring that they consent to their young person being transported by persons representing Scottish Junior Football Association or its member club
- Parents/carers should inform those travelling with their young person of any issues their young person may have e.g. travel sickness

- Ask appropriate questions about journey time, route etc.
- Make sure parents/carers are clear about the departure times and arrival time
- Make sure an appropriate adult is present when the young person is collected and dropped off

NOTE:



Where parents/carers make arrangements for the transportation of their young person to and from the activity outwith the knowledge of Scottish Junior Football Association or a member club, it will be the responsibility of the parents/carers to satisfy themselves about the appropriateness and safety of the arrangements.

Responsibility of Scottish Junior Football Association and member clubs

DO:

- Check the driver(s) has a valid and appropriate licence for the vehicle being used e.g. D1 classification for driving minibuses
- Ensure that all vehicles and drivers are correctly insured for the purpose of the trip
- Ensure that all vehicles are fit for purpose and have relevant breakdown cover
- Check that all reasonable safety measures are available e.g. fitted, working seatbelts, booster seats where appropriate
- Require the young person and/or young people to wear seatbelts at all times and travel in the back seat for health and safety reasons
- Make sure there is an appropriate ratio of adults per young person. For further information on Adult to young person ratios see <u>Practice Note – Planning and</u> <u>Organisation</u>
- Require drivers to have adequate breaks when driving long distance. Further information on the legal requirement on drivers in relation to appropriate breaks

- Make sure there are signed consent forms for all young people who are being transported
- Inform parents/carers that Scottish
 Junior Football Association or the
 member club will be transporting their
 young person, the reasons why and how
 long the journey will take
- Tell the young person and/or young people about the travel arrangements to make sure they are comfortable with the plans
- Agree a collection policy with parents/carers which includes a clear and shared understanding of arrangements for collection at the end of a football activity
- Have a point of contact and a working mobile phone in case of break down or any other issues enroute
- When the transportation is not preplanned, call ahead to inform the young person's parents/carers that you are giving them a lift and inform them of when you expect to arrive



can be found at www.gov.uk/drivers-hours/gb-domestic-rules

DON'T:

• Travel alone with a young person. Staff should travel in pairs or, in exceptional circumstances, with more than one young person in the car. If you require to transport a young person due to an emergency situation and it is not possible for another adult to travel with you, tell another member of staff or volunteer that you are transporting a young person, give details of the route and the anticipated length of the journey

TRIPS AWAY FROM HOME (INCLUDING OVERNIGHT STAYS)

Travelling to away fixtures, tournaments and residential stays are regular activities which may require detailed arrangements involving overnight stays. Even what may appear as the most straightforward trip will require some level of planning and coordination by the members of staff and/or volunteers involved to make sure that it is a safe and enjoyable experience.

The following information outlines a number of issues that members of staff, volunteers and member clubs must take into consideration when travelling with young people. This guidance applies to all away trips including trips which involve overnight stays and travelling abroad.

Planning and preparation

Who should travel with the team?

- All trips away <u>must</u> be planned to involve at least two adults. For further information on appropriate Adult to young person ratios see <u>Practice Note –</u> <u>Planning and Organisation</u>
- Members of staff and/or volunteers travelling on the trip who have
- Everyone travelling should be familiar with and agree to abide by the Young Person's Wellbeing and Protection Policy and have received appropriate training
- There should be a qualified first aider as part of the group with access to a full and up to date first aid box



responsibility for the young people or who are in regulated work must be selected in accordance with the Appointment and Selection Procedure

 A Safeguarding Officer should be designated for the trip and that person(s) must have undertaken appropriate training Make sure the appropriate members of staff or volunteers have been selected for the trip e.g. if travelling with a male group of players, there should always be a male member of staff and vice versa

Designated Safeguarding Officer for the Trip

During the trip members of staff and/or volunteers will be responsible for the safety and wellbeing of the young person and/or young people in their care. It is essential that a member of staff or volunteer is designated as Safeguarding Officer to coordinate the arrangements to promote, support and safeguard the wellbeing of the young person and/or young people during the trip. The Safeguarding Officer will ensure all practical arrangements have been addressed and act as the main contact for dealing with any concerns about the safety and wellbeing of the young person and/or young people whilst away from home. A detailed itinerary will be prepared and copies provided to the club's Safeguarding Officer and parents/carers, including the Safeguarding Officer's contact details during the trip. Staff and volunteers accompanying the young people on the trip and the young people's parents/carers should be familiar with contact details for Scottish Junior Football Association Safeguarding Officer so that advice can be sought, if required.

In the event of an emergency at home during the trip, parents/carers should be encouraged to make contact with the Safeguarding Officer in the first instance so that arrangements can be put in to place to support the young person on hearing any distressing news.



How to involve the parent/carers and young people in the preparation and planning

- For trips involving overnight stays meet with parents/carers before any trip, when possible, to explain the arrangements, itinerary and important contact details and address any concerns or questions
- Parents/carers <u>must</u> complete the <u>Consent Form</u> in advance of the trip. If appropriate, the young people should also complete the <u>Consent Form</u>
- Give the young people and their parents/carers an information pack which includes: dates, what you are doing, where you are going, rules, kit list, recommended pocket money, medical care needs etc.
- Provide the parents/carers with contact details in case of an emergency. This must include the contact details for the designated Safeguarding Officer
- Work with the young people establish rules for the trip including consequences for breaking the rules

- Young people should also know who they
 can talk to if they have any worries or
 concerns while away from home. All
 young people and their parents/carers
 should know who the designated
 Safeguarding Officer will be for the trip
 and given the Safeguarding Officer's
 contact details
- For trips abroad, the young person and/or young people should be informed of the local customs. Information can be found at on the UK Government website at www.gov.uk/foreign-travel-advice
- Ask the young person and/or young people and their parents/carer to make you aware of any dietary requirements.
 This can include dietary requirements due to allergies or religious beliefs e.g. a young person may be observing Ramadan

Travel Arrangements

- Members of staff and/or volunteers must ensure there is adequate and relevant insurance cover (including travel and medical insurance)
- Where possible, the whole squad should travel in identifiable clothing e.g. team tracksuit
- Members of staff and/or volunteers should also familiarise themselves with the nearest hospital/A&E Department and if travelling abroad, the details of the emergency services in the location they visit e.g. what is the telephone number for the emergency services in that country?



- If travelling abroad, check if you need visas and/or vaccinations
- Potential areas of risk should be identified through a risk assessment.
 Further information on risk assessments can be found in the <u>Practice Note –</u> Prevention Planning
- If the trip involves travelling overbroad, the organisers shall ensure they are aware of local procedures for dealing with concerns about the wellbeing of the young person and/or young people
- Members of staff and/or volunteers must ensure arrangements are in place for the supervision and risk assessment of activities during free time
- Members of staff and/or volunteers should have clear roles and responsibilities for the duration of the trip

Accommodation

Members of staff and/or volunteers should find out as much as possible about the accommodation and the surroundings at the planning stage to help identify all practical issues and allow time to address them in advance, in consultation with the young person/young people and their parents/carers, where appropriate.

The following is a (non-exhaustive) list of some of the practical things which should be considered in advance about the arrangements for accommodation:

- Location: central and remote locations both present different challenges
- Accommodation facility: health & safety of building confirmed by owners/providers
- Appropriate safeguards are in place for accommodation where the same areas can be accessed by others e.g. if staying in a hotel can other guests and hotel staff access this area?

- Environmental factors
- Personal safety issues
- For overnight stays, agree who is sharing
 with whom before you go. This will enable
 suitable sharing in terms of age and
 gender. Parents/carers and the young
 people should be consulted in advance
 about arrangements for sharing, where
 possible and appropriate, and there
 should be a certain amount of flexibility as
 friendships can change



 Special access or adaptive aids required by members of staff or volunteers or young people

Residential at a Facility / Centre

Members of staff and/or volunteers should ensure the facility is appropriately licensed and has adequate and relevant insurance cover in place. The facility should have policies on young person's Wellbeing / Protection and Health & Safety. Adequate security arrangements should be in place and facility staff should have been appropriately vetted. Facility staff involved in the training or instruction of a young person and/or young people must be appropriately qualified and trained. Members of staff and/or volunteers should ensure there is adequate supervision of the group for the duration of the stay, particularly when the facility is being shared with other groups.

During the trip

On arrival:

- Check all rooms e.g. are there the correct number of beds, is there any damage which needs to be reported etc.
- Ensure there is no access to alcohol in the rooms and that all rooms are nonsmoking
- Ensure movie access is appropriate or not available in the rooms
- Ensure that everyone is aware of the fire exits and the emergency procedures
- Ensure there is somewhere to store money or valuables

- Ideally all the bedrooms should be together, however if they are not ensure that members of staff and/or volunteers spread out e.g. if the group is over three floors, there should be at least one adult room on each floor
- Adults must never share a room alone with a young person
- Have a meeting on arrival to review the programme and rules



Best practice during the trip:

- Hold daily group meetings and a staff meeting. They don't need to be long but they do provide the opportunity to discuss any issues or problems and solve them before they grow
- During 'free time', the young person and/or young people must not be allowed to wander alone in unfamiliar places
- A check should be carried out when leaving each place <u>and</u> arriving at the next venue/location to make sure everyone is present
- Members of staff and/or volunteers should not enter the bedrooms of the young people unless in an emergency situation or in the interest of health and safety. If it is necessary to enter the rooms there should be at least two adults present and they should knock the door and say they are coming in before entering. Once in the room the door should remain open, if appropriate

- Member of staff and/or volunteers must not be over familiar with the young person and/or young people during the trip and remember that they are in a position of trust at all times
- The use of alcohol and/or drugs or engaging in sexual relationships (between two young people) should not be condoned during the trip, even if the legislation relating to any of these behaviours is more lenient than in Scotland
- Members of staff and/or volunteers should maintain an overview of the wellbeing of all young people during the trip. This can help to identify issues at an early stage and resolve them as quickly as possible. Young people can participate in this process by, for example, taking turns to complete a daily diary about the trip. This can be an overt or discreet way for them to communicate things (both positive and negative) that they want members of staff and/or volunteers to know

After the trip

Where possible, a debriefing will take place with all those involved in the trip. Ask the young person and/or young people and the staff and/or volunteers what they enjoyed and they would change. This will provide an opportunity to reflect on what went well, not so well and what could have been done differently. Feedback will be used to inform future trips.



CONCERN RECORDING FORM

This form must be completed as soon as possible after receiving information that causes a concern. Contact the Scottish Junior Football Association's Safeguarding Officer on **07718289945** to report the concern, then email the completed form to safeguardingSJFA@scottish-football.com or killieboys@aol.com as soon as possible after completion; do not delay by attempting to obtain information to complete all sections.

ADVICE FOR COMPLETING THE FORM

Part A - Contact Information

Please complete Part A to include all relevant contact information. Where the concern is about a Young Person <u>and</u> the conduct of an adult relating to that Young Person then both parties information must be completed. You must also include your contact information.

Part B - Details of the Concern

Please complete this section to include as much information as possible. Where possible please include information about dates, times and location. If the concern has been reported to you by the Young Person, please use their own words and also record anything that you said to the Young Person.

Part C - Information Sharing

Please complete this part of the form if you have shared the information with any third party including the Young Person's parents/carers, Named Person or with other services including the police, social services, school or any other relevant organisation.

Remember to maintain confidentiality on a *need to know* basis – do not discuss this incident with anyone other than those who need to know.

Part D – For use by the Safeguarding Officer

This section is for use by the Safeguarding Officer and should <u>not</u> be completed by the person reporting the concern.

IMPORTANT INFORMATION:

Please do not keep any electronic, printed or written versions of this form. It is important to maintain confidentiality to delete or shred as soon as the information has been passed on. This information will be retained by the Safeguarding Officer in a secure and confidential manner.



PART A - CONTACT INFORMATION

YOUNG PERSON'S DETAILS (if applicable – details of the Young Person who has been harmed or is at risk of harm)

Name:	Date of Birth:
Address:	Tel No:
Post Code:	
Young Person's Named Person/school teacher:	Named Person/school teacher Tel No:
Preferred Language	Is an interpreter required? YES / NO
Any Additional Needs?	
ADULT'S DETAILS (if applicable – <i>adult whose cond</i> Name:	duct you are concerned about) Tel No:
Address:	Relationship to Young Person:
Post Code:	
CONTACT INFORMATION OF PERSON REPORTING	THE CONCERN
Name:	Tel No:
Position/Role:	
Signature:	
Date:	



PART B - DETAILS OF THE CONCERN

If necessary please continue on a separate sheet. If doing so please number and date each sheet.

Details of concern:
Young Person's views on situation (if expressed). Where possible, please use the Young
Person's own words
1 CISOII S OWII WOIGS
Details of any other witnesses/other people involved
Details of any injuries (where applicable)
Please include all injuries sustained, location of injury and any treatment
Action taken so far and when:
Other relevant information:

PART C – INFORMATION SHARING (if applicable)

PLEASE NOTE – it will usually not be necessary to share information before seeking advice from the Safeguarding Officer, except in an emergency. Only share information on a need to know basis. If you are unsure as to who you should inform, please contact the Safeguarding Officer for further advice.



Who has been informed?		
Young Person's parents/carers	If yes, record details:	
Yes/No	If no, please state why?	
Young Person's Named Person/school teacher	If yes, record details: If no, please state why?	
Yes/No	ntacted (data and time)	
	ntacted (date and time)	
Police	Name, role and contact number:	
Yes / No	Incident number (if applicable):	
Date:	, , ,	
	What information was shared and why:	
Time:		
	Details of advice received:	
Local authority	Name, role and contact number:	
(inc. social services and education)	Tame, Tele and contact named.	
Yes / No	What information was shared and why:	
Date:	Details of advice received:	
Time:	Details of advice received:	

Scottish Junior Football Association – Young Person's Wellbeing and Protection Policy Other Name and contact number: What information was shared and why: Yes / No Date: Details of advice received: Time: PART D - FOR SAFEGUARDING OFFICER **Action taken:** Information Shared with any third party e.g. Scottish FA, Affiliated National Association etc.

CONCERN CLOSED: Reason for closing concern: Signed ______ Date: _____



CASÉ REVIEW PLANNING TEMPLATE

Name of case reviewer:	
Reporting to:	e.g. Chief Executive, Chairperson etc.
Case reference:	If this record is going to be shared with others, the details of the
	case should be anonymised using a unique reference number or
	identifier.
Outstanding	If relevant to this case, have the following been concluded:
investigations and	Police and social work Young Person protection investigation?
proceedings:	Y/N
	2. A criminal investigation by the police? Y/N
	3. Any related legal proceedings? Y/N
	If the answer to any of these questions is no, the review
	cannot proceed.
Remit of review:	List here in bullet point form the reasons for the review
	•
	•
	•
Timescales for	This should be the dates when the review will begin and end with
completion:	the reported findings.
How will the review be	List here the methods to be used to conduct the review; for
conducted?	example:
	a review of all paper records
	telephone/face to face interviews with relevant individuals
	contact with other organisations involved as necessary.
Are there any special	For example, this case was reported in the press, the Young
considerations or	Person involved has a learning disability.
features in this case?	



How will the findings and recommendations be reported?	
Who will the outcomes	List here all internal and external parties with whom information
of the review be shared	will be shared.
with?	